

# Care Plan



Hillcrest Caring Companions offers specialized services in the home for \$37/hour to address your loved one's needs.



**Assistance with  
Activities of Daily Living**



**Friendship**



**Medication Reminders  
& Disease Management**



**Couple's Care**



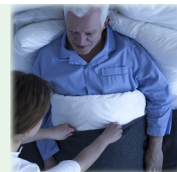
**Essential Errands &  
Transportation**



**Safe Transfers &  
Gait Belt Walking**



**Advanced Lifting**



**Overnights & Weekends**

## Family Room Portal

- Family members have access to an online portal that provides detailed information about the cares we provide in real time.
- The online portal contains your loved one's care calendar and a list of any team members providing care on that day.

Hillcrest Caring Companions is available by phone 24 hours a day for immediate assistance.

## Quality Care

- Hillcrest Caring Companions places a high priority on consistent schedules and caregivers. The combination creates an enhanced care experience and greater relationships between the caregiver and your loved one.
- Common Care Schedules:
  - 8 a.m.-noon, M/W/F
  - 8 a.m.-5 p.m., M-F
  - 10 p.m.-7 a.m., Overnights