

August 2025

MacKinnon Lifestyle Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Workout on the Patio 10:30 Sing-along 1:00 Painting Nails 2:15 Social & Fruit Friday 2:30 Pet Therapy w Carol O 3:00 Arts & Crafts– Beaded Bracelets 4:00 Noodleball 6:00 Word Puzzler Game	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Tic Tac Toe 12:30 Journey to Europe w/Rick Steves 1:00 Water's Edge Young Adults 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Gardening & Water Plants 1:00 Brain Game 2:00 Baking Club - Cookies 4:00 Bingo 6:00 Sip & Paint	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Paint on Canvas 2:00 Wack A Mole 3:00 June Craft 4:00 Noodleball 4:30 Game on the Interactive TV 6:00 UNO Card Game	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Baking for Birthdays 1:00 Painting 2:30 Celebrate Birthdays 3:00 Lighthouse Craft 3:30 Pet Thereapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia	10:00 Workout on the Patio 10:30 Sing-along & Soda 1:00 Painting Nails 2:15 Social & Fruit Friday 2:30 Pet Therapy w Carol O 3:00 Arts & Crafts-Pipe cleaner Craft 4:00 Noodleball 6:00 Word Puzzler Game	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game	10:00 Chair Yoga 10:30 Catholic Mass w/ Father Vince 10:30 Sing-Along Outside 11:00 Tic Tac Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Gardening & Water Plants 1:00 Brain Game 2:00 Baking Club - Cake 4:00 Bingo 6:00 Sip & Paint	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Paint on Canvas 3:00 Smoothies 4:00 Noodleball 4:30 Game on the Interactive TV 6:00 UNO Card Game	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Lifelong Learning (Veterans): 50 Mile March w/ Navy Veteran John Jones 1:00 Painting 3:00 Water Colors Coloring 3:30 Pet Therapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia	10:00 Workout on the Patio 10:30 Sing-along & Lemonade 1:00 Painting Nails 2:15 Social & Fruit Friday 2:30 Pet Therapy w Carol O 3:00 Arts & Crafts 4:00 Noodleball 6:00 Word Puzzler Game	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Tic Tac Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Gardening & Water Plants 1:00 Brain Game 2:00 Baking Club - Brownies 4:00 Bingo 6:00 Sip & Paint	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Paint on Canvas 3:00 June Craft 4:00 Noodleball 4:30 Game on the Interactive TV 6:00 UNO Card Game	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Painting 3:00 Water Colors Coloring 3:30 Pet Thereapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia	10:00 Workout on the Patio 10:30 Sing-along & Root Beer 1:00 Painting Nails 2:15 Social & Fruit Friday 2:30 Pet Therapy w Carol O 3:00 Arts & Crafts 4:00 Noodleball 6:00 Word Puzzler Game	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Tic Tac Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Gardening & Water Plants 1:00 Brain Game 2:00 Baking Club - Apple Pie 4:00 Bingo 6:00 Sip & Paint	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Paint on Canvas 3:00 June Craft 4:00 Noodleball 4:30 Game on the Interactive TV 6:00 UNO Card Game	10:00 BILL CHRASTIL 11:30 END OF SUMMER BASH 3:00 Water Colors Coloring 3:30 Pet Thereapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia	10:00 Workout on the Patio 10:30 Sing-along 1:00 Painting Nails 2:15 Social & Fruit Friday 2:30 Pet Therapy w Carol O 3:00 Arts & Crafts 4:00 Noodleball 6:00 Word Puzzler Game	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game				<div>BIRTHDAYS: Carol M. – 8th</div>		

Questions? Please contact Laura Stuart at lstuart@hillcresthealth.com

All activities subject to change



THE HIGHLANDS LIFESTYLE EXPERIENCE
Monthly Calendar of Events & Activities

August 2025

