Sun	Mon	Tue	Wed	Thu	Fri	Sat
Hillcrest Silver Ridge	August 2025 Connor House			Meal/Snack Schedule 7:30 Breakfast 10:00 Hydration 11:30 Lunch 2:00 Snack 4:30 Supper 6:00 Snack	 1 9:00 Exercise 9:30 Coffee & Conversation 1:30 Merrymakers Presents	2 9:00 Exercise 9:30 Coffee & Conversation 1:00 Movie 3:00 Puzzle Time 6:30 Lawrence Welk, Ch. 12 7:00 Relaxing Music
3 10:45 Lifegate Virtual Church 1:30 Exercise 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 10:30 Prayer & Worship 1:00 Manicures 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	 5 Vitals Clinic 9:00 Exercise 9:30 Coffee & Conversation 1:00 Sing-Along 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music 	6 9:00 Get Ready for Scenic Drive 9:30 Load the Bus for Drive 1:00 Happy Hour 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	7 9:00 Exercise 10:00 Catholic Mass in AL 9:30 Coffee & Conversation 1:00 Bingo 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	8 9:00 Exercise 9:30 Coffee & Conversation 1:00 Sing-Along 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Game Time 3:00 Daily Chronicles/Reminisce 6:30 Lawrence Welk, Ch. 12 7:00 Relaxing Music
10 10:45 Lifegate Virtual Church 1:30 Exercise 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 10:30 Prayer & Worship 1:00 Manicures 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Parcheesi 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Happy Hour 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Bingo 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Movie 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Movie 3:00 Daily Chronicles/Reminisce 6:30 Lawrence Welk, Ch. 12 7:00 Relaxing Music
17 10:45 Lifegate Virtual Church 1:30 Exercise 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	18 9:00 Exercise 10:30 Prayer & Worship 1:00 Manicures 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Sing-Along 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Get Ready for Scenic Drive 9:30 Load the Bus for Drive 1:00 Happy Hour 1:30 Music with Denell 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	 21 9:00 Exercise 10:00 Catholic Mass in AL 1:00 Bingo 2:00 Music by John Beck in AL 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music 	9:00 Exercise 9:30 Coffee & Conversation 1:00 Sing-Along 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Movie 6:30 Lawrence Welk, Ch. 12 7:00 Relaxing Music
24 10:45 Lifegate Virtual Church 1:30 Exercise 3:00 Game Time 31 10:45 Lifegate Virtual Church 1:30 Exercise 3:00 Game Time 5:30 Music & Reminisce	9:00 Exercise 10:30 Prayer & Worship 1:00 Manicures 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	 26 9:00 Exercise 9:30 Coffee & Conversation 1:00 Card Games 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music 	9:00 Exercise 9:30 Coffee & Conversation 1:00 Happy Hour 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Bingo 3:00 Game Time 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Movie 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	9:00 Exercise 9:30 Coffee & Conversation 1:00 Game Time 3:00 Daily Chronicle/Reminisce 6:30 Lawrence Welk, Ch. 12 7:00 Relaxing Music