

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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August 2025

Langdon House



Meal/Snack Schedule
 7:30 Breakfast
 10:00 Hydration
 11:30 Lunch
 2:00 Snack
 4:30 Supper
 6:00 Snack

1
 9:00 Exercise
 1:30 Merrymakers Presents
 Music by Tim Javorski in
 AL
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

2
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Bingo
 3:00 Game Time
 6:30 Lawrence Welk, Ch. 12
 7:00 Relaxing Music

3
 10:45 Lifegate Virtual Church
 1:30 Exercise
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

4 Podiatrist
 9:00 Exercise
 11:00 Prayer & Worship
 1:00 Manicures
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

5 Vitals Clinic
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:30 Sing-Along
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

6
 9:00 Exercise
 11:00 Songs with Pastor Jerry
 1:30 Happy Hour
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

7
 9:00 Exercise
 10:00 Catholic Mass in AL
 1:30 Bingo
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

8
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Movie
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

9
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Movie
 3:00 Game Time
 6:30 Lawrence Welk, Ch. 12
 7:00 Relaxing Music

10
 10:45 Lifegate Virtual Church
 1:30 Exercise
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

11
 9:00 Exercise
 11:00 Prayer & Worship
 1:00 Manicures
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

12
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:30 Sing-Along
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

13
 9:00 Get Ready for Scenic
 Drive
 9:30 Load the Bus for Drive
 1:30 Happy Hour
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

14
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:30 Bingo
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

15
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Movie
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

16
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Bingo
 3:00 Game Time
 6:30 Lawrence Welk, Ch. 12
 7:00 Relaxing Music

17
 10:45 Lifegate Virtual Church
 1:30 Exercise
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

18
 9:00 Exercise
 11:00 Prayer & Worship
 1:00 Manicures
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

19
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:30 Sing-Along
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

20
 9:00 Exercise
 11:00 Songs with Pastor Jerry
 1:30 Happy Hour
 2:30 Music with Denell
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

21
 9:00 Exercise
 10:00 Catholic Mass in AL
 2:00 Music by John Beck in AL
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

22
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Movie
 3:00 Game Time
 5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

23
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Movie
 3:00 Game Time
 6:30 Lawrence Welk, Ch. 12
 7:00 Relaxing Music

24
 10:45 Lifegate Virtual Church
 1:30 Exercise
 3:00 Game Time

25
 9:00 Exercise
 11:00 Prayer & Worship
 1:00 Manicures
 3:00 Game Time

26
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:30 Sing-Along
 3:00 Game Time

27
 9:00 Get Ready for Scenic
 Drive
 9:30 Load the Bus for Drive
 1:30 Happy Hour
 3:00 Game Time

28
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:30 Bingo
 3:00 Game Time

29
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Movie
 3:00 Game Time

30
 9:00 Exercise
 11:00 Trivia, Coffee &
 Conversation
 1:00 Bingo
 3:00 Game Time

31
 10:45 Lifegate Virtual Church
 1:30 Exercise
 3:00 Game Time
 7:00 Music & Reminisce

5:30 Daily Chronicles/Reminisce
 7:00 Relaxing Music

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 7:00 Relaxing Music

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 7:00 Relaxing Music

6:30 Lawrence Welk, Ch. 12
 7:00 Relaxing Music