September 2025

York/Lancaster Lifestyle Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day AD HAPPY LABOR DAY 1:00pm Holy Rosary (Y) 2:00pm Way-Back-When TV 6:00pm Game On!	10:30am	9:00am Salon Day 10:45am Fun & Fitness w/John (L) 1:00pm Movie & Popcorn with Friends! 6:00pm Pigment Party—Let's Color!	10:00am Catholic Mass & Communion (GH) 10:30am	10:45am Fun & Fitness 5 w/John (Y) 3:00pm ↑ Walking Club EV Friday Feature (Movie)	10:00am Paint with Water! 6 AF Brain Boost: Word Puzzles, Logic Games and More!
9:00am After-Breakfast Stroll, Sunshine & Smiles with Friends 3:00pm Around the World, for Ageless Adventures Week! 6:30pm Grandparents Day Family Party! (BPL)	AD Ageless Adventures: CARIBBEAN 9:15am Visit Aw "Learn about the Caribbean" table 10:00am Cooking Creations BB (Caribbean-inspired!) 10:45am Fun & Fitness w/John (Y) 1:00pm Steel Drum Music & History 2:00pm Holy Rosary 3:00pm JMCaribbean-inspired activity & Snack-tacular! EV Travel to the CaribbeanVirtually! (Destination to be announced!)	AD Ageless Adventures: SOUTH AMERICA 9:30am Visit "Learn about South America" BR table 11:00am Escape the Jungle Challenge (Nott) 2:30pm Gather & Garden (Green Thumb NOT Required): activity to be announced! (CO) 3:30pm co Meet a Colombian by via video call!—Bring your preguntas (questions)! 6:00pm Brain Boost: South American-Themed CL	AD Ageless Adventures: ASIA 9:00am Salon Day 10:00am Art Outing: Ming Toy Gallery (Bus) 10:45am Fun & Fitness w/John (L) 2:30pm Visit "Learn about Asia" JP table 3:15pm LA Asian-Inspired Activity! 6:00pm Asian-based Trivia	AD Ageless Adventures: AFRICA 9:15am A Closer Look: African Culture ET 10:00am Catholic Mass & Communion (GH) 10:30am Gather & Garden (Green Thumb NOT Required): flower maitenance 1:00pm Critter Close-Ups (GH) 2:00pm Visit "Learn about Africa" by table 3:00pm Christian Worship Service (GH) 6:00pm TGAfrican Activity 6:15pm Paint & Sip: Elephant (GH)	AD MAgeless Adventures: EUROPE 10:00am Visit "Learn about Europe" HR table 10:45am Fun & Fitness w/John (L) 1:00pm MUSIC: Polka & Pretzels Party (GH) 3:30pm cz Let's play a game: European Style! 6:00pm European Activity GR	9:00am After-Breakfast Stroll, Sunshine & Smiles with Friends AF File Me Under Fabulous: Mani-Magic
2:30pm Bingo 14 EV Pigment Party—Let's Color!	10:45am Fun & Fitness w/John (Y) 1:00pm Holy Rosary (Y) 1:30pm ♠ Energize & Thrive! 2:00pm ♠ Hearing & Audiology (HC) 2:15pm ♠ Movie in the Theater 6:00pm Operation: ♠ Fun	10:30am [™] Gather & 16 Garden (Green Thumb NOT Required) (CO) 1:00pm Hymn Sing w/ Pastor Jerry & Mary Ann 3:00pm	10:45am Fun & Fitness w/John (L) 2:00pm ⋈ Way-Back-When TV 2:00pm ⋈ Bus Outing 6:00pm ⋈ Piece by PiecePuzzles with Friends!	10:00am Catholic Mass & Communion (GH) 10:30am	10:45am Fun & Fitness w/John (Y) 3:00pm	8:15am Coffee & Chit Chat on the Patio 12:30pm Art & Soul EV Brain Boost: Word Puzzles, Logic Games and More!
9:00am After-Breakfast Stroll, Sunshine & Smiles with Friends EV Way-Back-When TV	10:45am Fun & Fitness w/John (Y) 1:00pm Holy Rosary (Y) 1:30pm	10:30am Gather & Garden (Green Thumb NOT Required) (CO) 3:30pm Animal Visit from Scatter Joy Acres 5:30pm Monthly Dementia Support Group (GH) 6:00pm Brain Boost: Word Puzzles, Logic Games and More!	10:45am Fun & Fitness w/John (L) 12:45pm — Concert Outing: Broadway & Brownies @ Sumtur Amphitheatre (Bus) 2:00pm — Way-Back-When TV 2:00pm — Bus Outing 6:00pm — Piece by PiecePuzzles with Friends!	10:00am Catholic Mass & 25 Communion (GH) 10:30am	10:45am Fun & Fitness w/John (L) 2:30pm How Many Candies are in the Jar? 6:00pm Pigment Party—Let's Color!	9:00am After-Breakfast 27 Stroll, Sunshine & Smiles with Friends 10:00am Quilts of Valor Presentation (GH) AF Brain Boost: Word Find
12:30pm Balloon Burst 28 Word Game 3:30pm Positive Affirmation Coloring	10:45am Fun & Fitness w/John (Y) 1:00pm Holy Rosary (Y) 1:30pm ☐ Energize & Thrive! 3:00pm Operation: → Fun 6:00pm Golden Girls	10:30am				C = Cinema Fit = Fitness Studio Clb = Club Room P = Pool FAS = Fine Arts Studio Bus = Excursion GH = Grand Hall Bis = 370 Bistro HC = Health Center Crt = Oasis Courtyard Hob = Hobby Shop Rec = Oxford Nott = Nottinghams Recreation Room K = Keswicks Bil = Billiards



Happy Birthday

Bob G. – 1st

Sheila A. - 1st

Carol V. - 2nd

Bob H. - 8th

Jerry P. – 8th

Barbara W. - 11th

Mary H. - 11th

Gene P. – 12th

Laraine K. - 14th

Bob F. - 15th

Carolyn H. – 17th

Kevin D. - 17th

Thomas W. - 19th

Billye R. - 20th

Ed G. - 20th

Jim D. - 20th

Ken V. – 21st

Joni G. - 26th

Sally W. - 27th

Contacts

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WELLNESS CENTER (402) 885 - 7033



THE GRAND LODGE LIFESTYLE EXPERIENCE

Monthly Calendar of Events & Activities

September 2025 YORK & LANCASTER

