

October 2025

MacKinnon Lifestyle Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS: Carol D. – 2nd Connie A. – 5th Maurine H. – 5th			10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Stamping Holiday Cards 2:00 Fruit, Cheese & Crackers 3:00 Lighthouse Craft 4:00 Hit Cup w/Pool Noodle 4:30 Game on the Interactive TV 6:00 UNO Card Game 1	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Baking for Birthdays 1:00 Make Dog Treats 2:30 Celebrate Birthdays 3:00 Painting w/Ali 3:30 Pet Therapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia 2	10:00 Workout on the Patio 10:30 Sing-along 12:30 Suncatcher Craft 2:00 Movie in Bravo Theater 3:30 Pet Therapy w/Carol O. 4:00 Noodleball 6:00 Word Puzzler Game 7:00 Huskers vs Penn State Volleyball Game 3	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 3:00 Husker Football Game vs MI State 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Husker Volleyball vs Rutgers 6:00 Storytelling/Threading 4
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game 5	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Tic-Tac-Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion 6	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Bracelet Making 1:00 Brain Game 2:00 Baking Club – Frozen Yogurt on a Stick 4:00 Bingo 6:00 S'mores 7	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Stamping Holiday Cards 3:00 Pumpkin Craft 4:00 Hit Cup w/Pool Noodle 4:30 Game on the Interactive TV 6:00 UNO Card Game 8	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Lifelong Learning (Mike Talk): What is Artificial Intelligence 1:00 Make Dog Treats 3:00 Painting w/Ali 3:30 Pet Therapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia 9	10:00 Workout on the Patio 10:30 Sing-along 12:30 Suncatcher Craft 2:00 Movie in Bravo Theater 3:30 Pet Therapy w/Carol O. 4:00 Noodleball 6:00 Word Puzzler Game 10	Husker Football vs MD TBA 10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading 11
9:00 Walk to End Alzheimer's 11:00 Sing-Along Outside 12:00 Husker Volleyball vs Purdue 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game 12	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Catholic Mass w/ Father Vince 11:00 Tic-Tac-Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 1:30 FLU SHOT 2:00 Stretch and Flex 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion 13	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Bracelet Making 1:00 Brain Game 2:00 Baking Club – Frozen Yogurt on a Stick 4:00 Bingo 6:00 Sip & Paint 14	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Stamping Holiday Cards 3:00 Lighthouse Craft 4:00 Hit Cup w/Pool Noodle 4:30 Game on the Interactive TV 6:00 UNO Card Game 15	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Make Dog Treats 3:00 Painting w/Ali 3:30 Pet Therapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia 16	10:00 Workout on the Patio 10:30 Sing-along 12:30 Suncatcher Craft 2:00 Movie in Bravo Theater 3:30 Pet Therapy w/Carol O. 4:00 Noodleball 6:00 Husker Volleyball vs MI ST 6:00 Word Puzzler Game 7:00 Husker Football vs MN – FOX CH. 10 17	10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 2:00 TRUNK-OR-TREAT- Parking Lot 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 6:00 Storytelling/Threading 18
11:00 Sing-Along Outside 1:00 Husker Volleyball vs MI 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game 19	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Tic-Tac-Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion 20	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Bracelet Making 1:00 Brain Game 2:00 Baking Club – Frozen Yogurt on a Stick 4:00 Bingo 6:00 Sip & Paint 21	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Stamping Holiday Cards 3:00 Lighthouse Craft 4:00 Hit Cup w/Pool Noodle 4:30 Game on the Interactive TV 6:00 UNO Card Game 22	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Make Dog Treats 3:00 Painting w/Ali 3:30 Pet Therapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia 23	10:00 Workout on the Patio 10:30 Sing-along 12:30 Suncatcher Craft 2:00 Movie in Bravo Theater 3:30 Pet Therapy w/Carol O. 4:00 Noodleball 6:00 Husker Volleyball vs Northwestern 24	Husker Football vs North Western-TBA 10:00 Music & Movement 10:30 Sing-Along Outside 11:00 Brain Game 1:00 Coloring 1:30 Trash Can Game 3:00 Blackjack 4:00 Card Game of Choice 4:00 Water Flower Pots 7:30 Husker Volleyball vs MI ST 25
11:00 Sing-Along Outside 1:00 Puzzle Time 2:00 Satisfying Snack 3:00 Water The Plants & Trivia Outside 4:00 Bowling on Interactive TV 6:00 Go Fish Card Game 26	10:00 Chair Yoga 10:30 Sing-Along Outside 11:00 Tic-Tac-Toe 12:30 Journey to Europe w/Rick Steves 1:30 Brain Game 3:00 UNO Card Game 5:30 Reading Club-Short Stories 6:30 Aromatherapy w/Essential Oils & Hand Lotion 27	10:00 Music & Movement-Stretch Bands 10:30 Sing-Along to the Oldies 11:00 Bracelet Making 1:00 Brain Game 2:00 Baking Club – Frozen Yogurt on a Stick 4:00 Bingo 6:00 Sip & Paint 28	10:00 Cardio Drumming 11:15 Pet Therapy w/Melody & Zoey 1:00 Stamping Holiday Cards 3:00 Lighthouse Craft 4:00 Hit Cup w/Pool Noodle 4:30 Game on the Interactive TV 6:00 UNO Card Game 29	10:00 Movement & Music 10:30 Sing-along to the 50s 1:00 Make Dog Treats 1:30 Elite Daycare Costume March 3:00 Dan Reynolds Entertainer 3:00 Painting w/Ali 3:30 Pet Therapy w/Sandy & Darby 4:00 Bingo 6:00 Time for Trivia 30	AD HAPPY HALLOWEEN 10:00 Workout on the Patio 10:30 Sing-along 12:30 Suncatcher Craft 2:00 Movie in Bravo Theater 3:30 Pet Therapy w/Carol O. 4:00 Noodleball 8:00 Husker Volleyball vs WI 31	

Questions? Please contact Laura Stuart at lstuart@hillcresthealth.com

All activities subject to change



THE HIGHLANDS LIFESTYLE EXPERIENCE
Monthly Calendar of Events & Activities

October 2025

