

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 Fraser Apartments Lifestyle Calendar 						
						10:30am Cribbage - Resident-Led (HS1) 1:30pm Pokeno Game (Like Bingo) - Resident-Led (HH) 2:30pm Bridge Card Game - Resident-Led (DL) 3:30pm Beverages in the Pub (P) 6:30pm Husker Football vs USC (BT)
9:45am Catholic Communion Service (ES) 10:30am Movement Exercise - Resident-Led (HS1) 1:00pm Bridge Card Game - Resident-Led (DL) 1:00pm Canasta Card Game-Resident Lead (DL) 1:00pm Husker Volleyball vs OR CH:80 (BT) 3:30pm Ladies Coffee & Laughs (HS1)	9:15am Prayer Circle (ES) 10:00am Weights Exercise (HS1) 10:30am Fun Trivia (DL) 1:00pm Bible Study (CS2) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:30pm Pokeno Game - Like Bingo (HH) 4:00pm Happy Hour (HS1) 4:00pm Resident Rosary Prayer (ES) 6:30pm Let's Shoot Pool (CR3)	9:30am Exercise Bands (HS1) 10:00am Hy-Vee/Walmart (B) 1:00pm Blackjack Card Game-Bring Dimes 2:30pm Beverages in the Pub (HP3) 3:00pm Fall Craft (HS1) 4:00pm Resident Rosary Prayer (ES) 6:30pm Music Trivia (CD)	9:00am Men's Coffee Talk - Firemen Visit (CS2) 10:00am Chair Yoga (HS1) 10:30am Bridge Card Game (DL) 10:50am Pet Therapy w/Melody & Zoey (HS1) 11:00am Rosary & Communion w/Norm (ES) 1:00pm Bingo Bonanza (HH) 2:00pm Sing-Along (HH) 3:30pm Price is Right w/Laura (HH) 6:30pm Game Night (CS2)	10:00am Cardio Drumming (HS1) 10:30am Baking for Birthdays (HS1) 1:00pm Dominoes (DL) 3:00pm Celebrate Birthdays (HH) 4:00pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES) 7:00pm Husker Volleyball Tailgate Party (HP3)	9:30am Yoga & Cardio (HS1) 10:00am Ladies Coffee & Laughs (CS2) 11:00am iPhone 101 Class (BT) 1:00pm LCR Dice Game (HH) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:00pm Movie & Popcorn (BT) 4:00pm Resident Rosary Prayer (ES) 6:30pm Discuss Favorite Recipes (CD)	All Day Husker Football @ UCLA TBA 10:30am Cribbage - Resident-Led (HS1) 1:30pm Pokeno Game (Like Bingo) - Resident-Led (HH) 2:30pm Bridge Card Game - Resident-Led (DL) 2:30pm Husker Volleyball vs UCLA CH: 80 (BT) 3:30pm Beverages in the Pub (P) 6:30pm Shuffleboard (SAR)
9:45am Catholic Communion Service (ES) 10:30am Movement Exercise - Resident-Led (HS1) 1:00pm Bridge Card Game - Resident-Led (DL) 1:00pm Canasta Card Game-Resident Lead (DL) 3:30pm Ladies Coffee & Laughs (HS1)	9:15am Prayer Circle (ES) 10:00am Weights Exercise (HS1) 10:30am Catholic Mass w/ Father Vince (ES) 10:30am Fun Trivia (DL) 1:00pm Bible Study (CS2) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:00pm Navigating Walkers, Canes, Mobility Aids (BT) 2:30pm Pokeno Game - Like Bingo (HH) 3:30pm Pet Therapy w/Sandy & Darby (HS1) 4:00pm Happy Hour (HS1) 4:00pm Resident Rosary Prayer (ES) 6:30pm Let's Shoot Pool (CR3)	7:30am Veteran's Day Breakfast at Hy-Vee 9:30am Exercise Bands (HS1) 1:00pm Monthly Book Club-Resident Lead (DL) 1:00pm NO Blackjack Card Game 2:00pm Veteran's Day Program (HH) 2:30pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES)	9:00am Men's Coffee Talk - Firemen Visit (CS2) 9:30am Chair Yoga (HS1) 10:00am Collage w/Paula-Register or Sign up at Concierge 10:30am Bridge Card Game (DL) 10:50am Pet Therapy w/Melody & Zoey (HS1) 11:00am Rosary & Communion w/Norm (ES) 1:00pm Bingo Bonanza (HH) 2:00pm Bible Study w/Pastor Quandt (HH) 6:30pm Game Night (CS2)	10:00am Cardio Drumming w/Music (HS1) 1:00pm Dominoes (DL) 1:00pm Lifelong Learning (Mike Talk): Music, Memory & the Mind (BT) 2:30pm Dollar Tree (B) 4:00pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES)	9:30am Yoga & Cardio (HS1) 10:00am Ladies Coffee & Laughs (CS2) 11:00am Life Loop Training on Devices (BT) 1:00pm LCR Dice Game (HH) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:00pm Movie & Popcorn (BT) 4:00pm Resident Rosary Prayer (ES) 6:30pm UNO Card Game (HS1) 8:00pm Husker Volleyball vs UCLA CH:80	10:30am Cribbage - Resident-Led (HS1) 1:30pm Pokeno Game (Like Bingo) - Resident-Led (HH) 2:30pm Bridge Card Game - Resident-Led (DL) 3:30pm Beverages in the Pub (P) 6:30pm Shuffleboard (SAR)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45am Catholic Communion Service (ES) 16 10:30am Movement Exercise - Resident-Led (HS1) 1:00pm Bridge Card Game - Resident-Led (DL) 1:00pm Canasta Card Game-Resident Lead (DL) 2:00pm Husker Volleyball @ SC BIG+ (BT)	9:15am Prayer Circle (ES) 17 10:00am Weights Exercise (HS1) 10:30am Fun Trivia (DL) 1:00pm Bible Study (CS2) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:30pm Pokeno Game - Like Bingo (HH) 4:00pm Happy Hour (HS1) 4:00pm Resident Rosary Prayer (ES) 6:30pm Let's Shoot Pool (CR3)	9:30am Exercise Bands (HS1) 18 10:00am Hy-Vee/Walmart (B) 11:00am Christian Service-w/Pastor Mary (ES) 1:00pm Blackjack Card Game-Bring Dimes 2:30pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES) 4:30pm Farmer Brown's Restaurant (B)	9:00am Men's Coffee Talk - Firemen Visit (CS2) 19 10:00am Chair Yoga (HS1) 10:30am Bridge Card Game (DL) 10:30am Community Meeting (HS1) 10:50am Pet Therapy w/Melody & Zoey (HS1) 11:00am Rosary & Communion w/Norm (ES) 1:00pm Bingo Bonanza (HH) 2:00pm Sing-Along (HH) 6:30pm Game Night (CS2)	10:00am Cardio Drumming w/Music (HS1) 20 1:00pm Dominoes (DL) 1:00pm Make Dessert for Fire Dept. (CS2) 4:00pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES) 5:00pm Husker Volleyball vs IA CH: FS1 (BT) 6:30pm Trivia (CD)	8:30am YMCA Yoga-Register in Life Loop (B) 21 9:30am Yoga & Cardio (HS1) 10:00am Ladies Coffee & Laughs (CS2) 11:00am iPhone 101 Class (BT) 1:00pm LCR Dice Game (HH) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:00pm Movie & Popcorn (BT) 4:00pm Resident Rosary Prayer (ES)	All Day Husker Football vs Penn ST (BT) 22 10:00am FALL BOUTIQUE (HH) 1:30pm Pokeno Game (Like Bingo) - Resident-Led (DL) 2:30pm Bridge Card Game - Resident-Led (DL) 3:30pm Beverages in the Pub (P) 5:00pm Husker Volleyball @IN CH: BIG+ (BT)
9:45am Catholic Communion Service (ES) 23 10:30am Movement Exercise - Resident-Led (HS1) 1:00pm Bridge Card Game - Resident-Led (DL) 1:00pm Canasta Card Game-Resident Lead (DL) 3:30pm Ladies Coffee & Laughs (HS1)	9:15am Prayer Circle (ES) 24 10:00am Weights Exercise (HS1) 10:30am Fun Trivia (DL) 1:00pm Bible Study (CS2) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:30pm Pokeno Game - Like Bingo (HH) 3:30pm Chili Dawgs Food Trip-Register (B) 3:30pm Pet Thereapy w/Sandy & Darby (HS1) 4:00pm Happy Hour (HS1) 4:00pm Resident Rosary Prayer (ES) 6:30pm Let's Shoot Pool (CR3)	9:30am Exercise Bands (HS1) 25 10:00am Hy-Vee/Walmart (B) 10:30am Jewelry Making (HS1) 1:00pm Blackjack Card Game-Bring Dimes 2:30pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES)	9:00am Men's Coffee Talk - Firemen Visit (CS2) 26 10:00am Chair Yoga (HS1) 10:30am Bridge Card Game (DL) 10:50am Pet Therapy w/Melody & Zoey (HS1) 11:00am Rosary & Communion w/Norm (ES) 1:00pm Bingo Bonanza (HH) 2:00pm Bible Study w/Pastor Quandt (HH) 3:00pm Apple Cider and Cheese & Crackers (HH) 6:30pm Game Night (CS2)	10:00am Cardio Drumming w/Music (HS1) 27 1:00pm Bunco (HH) 1:00pm Dominoes (DL) 2:00pm Bake N Take (CS2) 2:00pm War Horse Casino (B) 2:30pm Pet Therapy w/Sandy & Darby (HS1) 4:00pm Beverages in the Pub (HP3) 4:00pm Resident Rosary Prayer (ES)	8:30am YMCA Yoga-Register in Life Loop (B) 28 9:30am Yoga & Cardio (HS1) 10:00am Ladies Coffee & Laughs (CS2) 11:00am Husker Football vs IA- CBS Ch 5 (BT) 1:00pm LCR Dice Game (HH) 1:00pm Pitch Card Game-3rd Floor (CR3) 2:00pm Movie & Popcorn (BT) 4:00pm Resident Rosary Prayer (ES) 5:30pm Husker Volleyball vs Penn St CH:80 (BT)	All Day Husker Volleyball vs OH TBA CH:80 29 10:30am Cribbage - Resident-Led (HS1) 1:30pm Pokeno Game (Like Bingo) - Resident-Led (HH) 2:30pm Bridge Card Game - Resident-Led (DL) 3:30pm Beverages in the Pub (P)
9:45am Catholic Communion Service (ES) 30 10:30am Movement Exercise - Resident-Led (HS1) 1:00pm Bridge Card Game - Resident-Led (DL) 1:00pm Canasta Card Game-Resident Lead (DL) 3:30pm Ladies Coffee & Laughs (HS1)	November 2025 Fraser Apartments Lifestyle Calendar					Happy Birthday! Duane E. - 1st Dennis G. - 6th Catherine U. - 13th Jack O. - 13th Joyce B. - 15th Michael R. - 16th Betty F. - 23rd Gene K. - 25th Marie C. - 25th A=Atrium B=Bus BT=Bravo Theater CR=Cameron's Restaurant CR3=Club Room 3rd CS2=Creation Station 2nd DL=Drummond's Lounge DR=Drummond's Restaurant ES=Exercise Studio HH=Highlands Hall HS=Hobby Shop HP3/P=Highview Pub 3rd P=Pub SAR=St. Andrew's Room