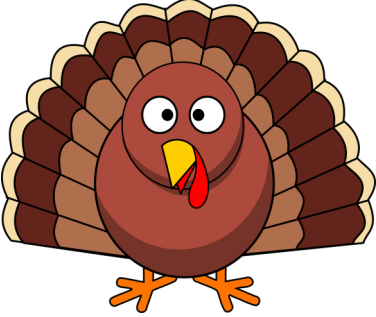


Sun	Mon	Tue	Wed	Thu	Fri	Sat
	November 2025 Langdon House			Meal/Snack Schedule 7:30 Breakfast 10:00 Hydration 11:30 Lunch 2:00 Snack 4:30 Dinner 6:00 Snack		1 10:00 Exercise 10:30 Coffee & Conversation 1:00 Movie 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music
2 10:30 Heritage Hill Virtual Church 1:30 Exercise 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	3 10:00 Exercise 10:30 Coffee & Conversation 11:00 Prayer & Worship 1:30 Nail Care 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	4 10:00 Exercise 10:30 Coffee & Conversation 1:30 Sing-Along 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	5 9:00 Get Ready for Scenic Drive 9:30 Load the Bus for Drive 1:30 Happy Hour 2:30 Music with Denell 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	6 10:00 Exercise 10:30 Coffee & Conversation 1:30 Bingo 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	7 10:00 Exercise 10:30 Coffee & Conversation 1:00 Fun Friday 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	8 10:00 Exercise 10:30 Coffee & Conversation 1:00 Movie 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music
9 10:30 Heritage Hill Virtual Church 1:30 Exercise 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	10 10:00 Exercise 10:30 Coffee & Conversation 11:00 Prayer & Worship 1:30 Nail Care 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	11 10:00 Exercise 10:30 Coffee & Conversation 1:30 Sing-Along 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	12 10:00 Exercise 10:30 Coffee & Conversation 1:30 Happy Hour 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	13 10:00 Exercise 10:30 Coffee & Conversation 1:30 Bingo 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	14 10:00 Exercise 10:30 Coffee & Conversation 1:30 Root Beer Floats 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	15 10:00 Exercise 10:30 Coffee & Conversation 1:00 Movie 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music
16 10:30 Heritage Hill Virtual Church 1:30 Exercise 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	17 10:00 Exercise 10:30 Coffee & Conversation 11:00 Prayer & Worship 1:30 Nail Care 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	18 10:00 Exercise 10:30 Coffee & Conversation 1:30 Sing-Along 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	19 9:00 Get Ready for Scenic Drive 9:30 Load the Bus 1:30 Happy Hour 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	20 10:00 Exercise 10:30 Coffee & Conversation 1:30 Bingo 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	21 10:00 Exercise 10:30 Coffee & Conversation 1:00 Fun Friday 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	22 10:00 Exercise 10:30 Coffee & Conversation 1:00 Movie 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music
23 10:30 Heritage Hill Virtual Church 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	24 10:00 Exercise 10:30 Coffee & Conversation 11:00 Prayer & Worship 1:30 Nail Care 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	25 10:00 Exercise 10:30 Coffee & Conversation 1:30 Sing-Along 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	26 10:00 Exercise 10:30 Coffee & Conversation 1:30 Happy Hour 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	27 10:00 Exercise 10:30 Coffee & Conversation 1:30 Bingo 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music Thanksgiving	28 10:00 Exercise 10:30 Coffee & Conversation 1:00 Christmas Movie 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music	29 10:00 Exercise 10:30 Christmas Decorating 1:00 Christmas Decorating 3:00 Games 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music
30 10:30 Heritage Hill Virtual Church 5:30 Daily Chronicles/Reminisce 7:00 Relaxing Music						