

Sun

Mon

Tue

Wed

Thu

Fri

Sat



# January 2026

## Key

\*Antelope Room: AR  
 \*Dining Room: DR  
 \*Highlands Grove: HG  
 \*Wilderness Ridge: WR  
 \*Patio: P  
 \*Pub: PB  
 \*Recreation Therapy Group: RTG  
 \*Beauty Shop: BS

1

9:30 Exercise (WR)  
 10:30 Bocee Ball (AR)  
 1:30 Across the Board (DR)  
 3:00 Nails (BS)

New Year's Day

2

9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Bingo (DR)  
 1:30 Mexican Trains (DR)

3

10:30 Piano with Elizabeth (DR)  
 Independent Activities

**4**  
 9:00 Church (Ch.9) & Mass (Ch.8)  
 Catholic Communion  
 2:00 Movie Matinee (AR)

**5**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Wheel of Fortune (WR) (HG)  
12:00 Order-In Lunch (DR) (Sign Up w/Recreation)  
 1:30 Cards: UNO (DR)(HG)  
 3:00 RTG (HG)

Hamburger/ Burger King Day

**6**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
 10:30 Trivia Tuesday (WR) (HG)  
1:30 Winter Craft (DR)

**7**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
10:30 Coffee Club (DR)  
 Afternoon 1:1 with Jordan  
 1:30 Skee-Bags (WR)  
 3:00 RTG (HG)

**8**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
10:30 Elvis Bingo (DR)  
 1:30 Board Games (HG)  
2:00 Resident Council (DR)  
 3:00 Resident Choice (DR)  
 4:00 Domesti-Pups Visits

**9**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Bingo (DR)  
1:30 Happy Hour & Karaoke (AR)

**10**  
 Independent Activities  
 2:00 Movie Matinee

**11**  
 9:00 Church (Ch.9) & Mass (Ch.8)  
 Catholic Communion

**12**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Keno (DR)  
 1:30 Cards: Phase 10 (DR) (HG)  
 3:00 RTG (HG)

**13**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
 10:30 Darts (WR)  
 10:30 Beadwork (DR)  
12:00 Culinary Passport: Australia (DR)  
 2:00 Dice: Yahtzee (DR) (HG)

**14**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Word Game Wednesday (WR) (HG)  
 Afternoon 1:1 with Jordan  
1:30 Midweek Movie Matinee (AR)  
 3:00 RTG (HG)

**15**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
 10:30 Wii Bowling (AR)  
 10:30 Water Coloring (DR)  
2:00 Accordion Music: Johnny Ray Gomez (DR)

**16**  
 9:30 Exercise (WR)  
 10:30 Bingo (DR)  
 1:30 Dice: Bunco (DR)  
 3:00 Hand Massages

**17**  
 9:30 Exercise (WR)  
 10:30 Bonus Bingo (DR)  
 Snack Cart

**18**  
 9:00 Church (Ch.9) & Mass (Ch.8)  
 Catholic Communion  
 2:00 Movie Matinee

**19**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Hookie (WR)  
 10:30 Color Creations (DR)  
 1:30 Countdown (DR) (HG)  
 3:00 RTG (HG)

Martin Luther King Jr. Day

**20**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
 10:30 Trivia Tuesday (WR) (HG)  
 1:30 Dice: Farkle (DR)  
 1:30 Rumikub (HG)  
 3:30 Nails (BS)

**21**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
10:30 1970s Bingo (DR)  
 Afternoon 1:1 with Jordan  
 1:30 Cards: Crap on Your Neighbor (DR)  
 3:00 RTG (HG)

Disco Day

**22**  
 9:30 Exercise (WR)  
 10:30 Miniature Golf (WR)  
 1:30 Scrabble (WR)  
 3:00 1:1 Visits

**23**  
 9:30 Exercise (WR)  
 10:30 Bingo (DR)  
1:30 Wine & Cheese Social (DR)  
 3:00 Pitch (DR)

**24**  
 Independent Activities  
 2:00 Movie Matinee

**25**  
 9:00 Church (Ch.9) & Mass (Ch.8)  
 Catholic Communion

**26**  
 9:30 Exercise (WR)  
 10:30 Keno (DR)  
 1:30 Cards: Skip-Bo (DR)  
 3:00 RTG (HG)

**27**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
10:30 Music with Louis Watkins (DR)  
1:30 Mad Hatter Social (DR)

Mad Hatter Day

**28**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Word Game Wednesday (WR) (HG)  
 Afternoon 1:1 with Jordan  
 1:30 Cards: Blackjack (DR)  
 3:00 RTG (HG)

3:15 Bible Study (AR)

**29**  
 9:30 Exercise (WR)  
 9:30 Short Stories (HG)  
 10:30 Puzzle Craft (DR)  
1:30 General Store (DR)

Puzzle Day

**30**  
 9:30 Exercise (WR)  
 9:30 Current Events (HG)  
 10:30 Bingo (DR)  
1:30 Monthly Birthday Celebration (DR)  
 3:00 Board Games (DR)

Favorite Sports Team

**31**  
 9:30 Exercise (WR)  
 10:30 Reminiscing (WR)  
 1:30 Cards: Golf (DR)