

February 2026

Hillcrest Highlands Fraser Apartments



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9:45 Catholic Communion Service (ES)</div> <div>10:30 Movement Exercise - Resident-Led (HS1)</div> <div>1:00 Bridge Card Game - Resident-Led (DL)</div> <div>1:00 Canasta Card Game - Resident-Led (DL)</div> <div>2:00 Movie (BT)</div> <div>3:30 Ladies Coffee & Laughs (HS1)</div>	<div>8:30 YMCA Aqua- Register in Life Loop (B)</div> <div>9:15 Prayer Circle (ES)</div> <div>9:30 Vitals & Balance Clinic w/Jacey (HS1)</div> <div>10:00 Chair Tai Chi/Cardio (HS1)</div> <div>10:30 Fun Trivia (BT)</div> <div>1:00 Bible Study (CS2)</div> <div>1:00 Pitch Card Game - 3rd Floor (CR3)</div> <div>2:30 Beverages in Highview Pub</div> <div>2:30 Pokeno Game - Like Bingo (HP3)</div> <div>3:30 Bowling on the Big Screen</div> <div>4:00 Happy Hour in the Hobby Shop (HS1)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Let's Shoot Pool (CR3)</div>	<div>10:00 Exercise Bands (HS1)</div> <div>10:30 Hyvee Shopping-Register</div> <div>1:00 Blackjack Card Game - Bring Dimes (HH)</div> <div>2:00 Learn Line Dancing (ES)</div> <div>2:30 Beverages in the Highview Pub (HP3)</div> <div>3:00 Jewelry Making (HS1)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Music Trivia (CD)</div>	<div>8:30 YMCA Yoga-Register in Life Loop</div> <div>9:00 Men's Coffee Talk - Firemen Visit (CS2)</div> <div>10:00 Chair Yoga/Cardio (HS1)</div> <div>10:30 Bridge Card Game - Resident-Led (DL)</div> <div>10:50 Pet Therapy w/Melody & Zoey (HS1)</div> <div>11:00 Rosary & Communion w/Norm (ES)</div> <div>1:00 Bingo Bonanza (HH)</div> <div>2:00 Heart Book Folding w/Becky & Ken (HS1)</div> <div>6:30 Game Night (CS2)</div>	<div>10:00 Tai Chi & Cardio w/Lindsey (HS1)</div> <div>10:30 Baking for Birthdays (HS1)</div> <div>1:00 Dominoes - Resident-Led (DL)</div> <div>3:00 Celebrate Birthdays (HH)</div> <div>3:00 Celebrate Birthdays (HH)</div> <div>4:00 Beverages in the Highview Pub (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Discuss Favorite Recipes (CD)</div>	<div>8:30 YMCA Yoga-Register in Life Loop (B)</div> <div>9:30 Men's Breakfast at Billy's Cafe-Register (B)</div> <div>10:00 Ladies Coffee & Laughs (HH)</div> <div>10:00 Yoga & Cardio w/Laura (HS1)</div> <div>11:00 iPhone 101 Class (BT)</div> <div>1:00 LCR Dice Game (HH)</div> <div>1:00 Pitch Card Game - 3rd Floor (CR3)</div> <div>2:00 Movie & Popcorn (BT)</div> <div>4:00 Beverages in Highview Pub (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Discuss Favorite Recipes (CD)</div>	<div>10:30 Cribbage - Resident-Led (HS1)</div> <div>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</div> <div>2:30 Bridge Card Game - Resident-Led (HS1)</div> <div>2:30 Scrabble Board Game - Resident-Led (DL)</div> <div>3:30 Beverages in the Pub (P)</div> <div>6:00 Movie</div>
<div>9:45 Catholic Communion Service (ES)</div> <div>10:30 Movement Exercise - Resident-Led (HS1)</div> <div>1:00 Bridge Card Game - Resident-Led (DL)</div> <div>1:00 Canasta Card Game - Resident-Led (DL)</div> <div>2:00 Movie (BT)</div> <div>3:30 Ladies Coffee & Laughs (HS1)</div>	<div>8:30 YMCA Aqua- Register in Life Loop (B)</div> <div>9:15 Prayer Circle (ES)</div> <div>9:30 CONFESSION w/Father Vince-Sutherland Conference Rm.</div> <div>10:00 Chair Tai Chi/Cardio (HS1)</div> <div>10:30 Catholic Mass w/ Father Vince (ES)</div> <div>1:00 Bible Study (CS2)</div> <div>1:00 Pitch Card Game - 3rd Floor (CR3)</div> <div>1:30 Jacey Discussion: Hot Topic (BT)</div> <div>2:30 Beverages in Highview Pub</div> <div>2:30 Pokeno Game - Like Bingo (HP3)</div> <div>3:30 Bowling on the Big Screen</div> <div>3:30 Pet Therapy w/Sandy & Darby (HS1)</div> <div>4:00 Happy Hour in the Hobby Shop (HS1)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Let's Shoot Pool (CR3)</div>	<div>10:00 Exercise Bands (HS1)</div> <div>10:30 Walmart Shopping-Register (B)</div> <div>1:00 Blackjack Card Game - Bring Dimes (HH)</div> <div>1:00 Monthly Book Club (DL)</div> <div>2:30 Beverages in the Highview Pub (HP3)</div> <div>3:00 Winter Craft-Blot Painting w/Karien (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div>	<div>8:30 YMCA Yoga-Register in Life Loop</div> <div>9:00 Men's Coffee Talk - Firemen Visit (CS2)</div> <div>10:00 Chair Yoga/Cardio (HS1)</div> <div>10:30 Bridge Card Game - Resident-Led (DL)</div> <div>10:50 Pet Therapy w/Melody & Zoey (HS1)</div> <div>11:00 Rosary & Communion w/Norm (ES)</div> <div>1:00 Bingo Bonanza (HH)</div> <div>2:00 Bible Study w/Pastor Quandt (BT)</div> <div>3:30 Larry w/Muzica Entertainment (HH)</div> <div>6:30 Game Night (CS2)</div>	<div>10:00 Tai Chi & Cardio w/Lindsey (HS1)</div> <div>1:00 Dominoes - Resident-Led (DL)</div> <div>1:00 Lifelong Learning (Mike Talk): The Evolution of Rock & Roll (BT)</div> <div>4:00 Pub will be closed due to the Steak Dinner Event (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>4:30 Fine Dining-Steak Dinner (CD)</div>	<div>AD Crazy Fun Hair Day for Fri. 13th</div> <div>8:30 YMCA Yoga-Register in Life Loop (B)</div> <div>10:00 Ladies Coffee & Laughs (HH)</div> <div>10:00 Yoga & Cardio w/Laura (HS1)</div> <div>11:00 Life Loop Training on Devices (BT)</div> <div>1:00 LCR Dice Game (HH)</div> <div>1:00 Pitch Card Game - 3rd Floor (CR3)</div> <div>2:00 Movie & Popcorn (BT)</div> <div>4:00 Beverages in Highview Pub-Steve W. Entertainment (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 UNO Card Game-Resident Led (HS1)</div>	<div>10:30 Cribbage - Resident-Led (HS1)</div> <div>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</div> <div>2:30 Bridge Card Game - Resident-Led (HS1)</div> <div>2:30 Scrabble Board Game - Resident-Led (DL)</div> <div>3:30 Beverages in the Pub (P)</div> <div>6:00 Movie</div> <div>6:30 Shuffleboard (SAR)</div>

KEY

- A=Atrium
- B=Bus
- BT=Bravo Theater
- CR=Cameron's Restaurant
- CR3=Club Room 3rd
- CS2=Creation Station 2nd
- DL=Drummond's Lounge
- DR=Drummond's Restaurant
- ES=Exercise Studio
- FG=Fitness Gym
- HH=Highlands Hall
- HP3=Highview Pub 3rd
- SAR=St. Andrew's Room

Pub Hours

Sun. Closed
Mon. 2:30p.m.-4:30p.m.
Tue. 2:30p.m.-4:30p.m.
Wed. Closed
Thu. 4:00p.m.-6:30p.m.
Fri. 4:00p.m.-6:30p.m.
Sat. 3:30p.m.-6:00p.m.

Happy Birthday!

Diane H. - 14th
Carol P. - 20th

National Days

2- Groundhog Day
14- Valentine's Day
16- Presidents Day
18- Ash Wednesday

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<div>9:45 Catholic Communion Service (ES)</div> <div>10:30 Movement Exercise - Resident-Led (HS1)</div> <div>1:00 Bridge Card Game - Resident-Led (DL)</div> <div>1:00 Canasta Card Game - Resident-Led (DL)</div> <div>2:00 Movie (BT)</div> <div>3:30 Ladies Coffee & Laughs (HS1)</div> <div>22</div>	<div>8:30 YMCA Aqua-Register in Life Loop (B)</div> <div>9:15 Prayer Circle (ES)</div> <div>10:00 Chair Tai Chi/Cardio (HS1)</div> <div>10:30 Catholic Mass w/Father Vince (ES)</div> <div>10:30 Fun Trivia (BT)</div> <div>1:00 Bible Study (BT)</div> <div>1:00 Pitch Card Game - 3rd Floor (CR3)</div> <div>1:00 PODIATRIST- By Appointment (HS1)</div> <div>2:30 Beverages in Highview Pub</div> <div>2:30 Pokeno Game - Like Bingo (HP3)</div> <div>3:30 Bowling on the Big Screen</div> <div>3:30 Pet Therapy w/Sandy & Darby (HS1)</div> <div>4:00 Happy Hour in the Hobby Shop (HS1)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Let's Shoot Pool (CR3)</div> <div>23</div>	<div>10:00 Exercise Bands (HS1)</div> <div>10:30 Jewelry Making (HS1)</div> <div>10:30 Walmart Shopping (B)</div> <div>1:00 Blackjack Card Game - Bring Dimes (HH)</div> <div>2:30 Beverages in the Highview Pub (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>24</div>	<div>8:30 YMCA Yoga-Register in Life Loop</div> <div>9:00 Men's Coffee Talk - Firemen Visit (CS2)</div> <div>10:00 Chair Yoga/Cardio (HS1)</div> <div>10:30 Bridge Card Game - Resident-Led (DL)</div> <div>10:50 Pet Therapy w/Melody & Zoey (HS1)</div> <div>11:00 Rosary & Communion w/Norm (ES)</div> <div>1:00 Bingo Bonanza (HH)</div> <div>2:00 Bible Study w/Pastor Quandt (HH)</div> <div>3:00 Scrabble Board Game (HS1)</div> <div>3:30 Learn Line Dancing (ES)</div> <div>6:30 Game Night (CS2)</div> <div>25</div>	<div>10:00 Tai Chi & Cardio w/Lindsey (HS1)</div> <div>1:00 Bunco (HH)</div> <div>1:00 Dominoes - Resident-Led (DL)</div> <div>1:00 War Horse Casino-Register (B)</div> <div>2:00 Bake N Take (HS1)</div> <div>2:30 Pet Therapy w/Sandy & Darby (HS1)</div> <div>4:00 Beverages in the Highview Pub (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>26</div>	<div>8:30 YMCA Yoga-Register in Life Loop (B)</div> <div>10:00 Ladies Coffee & Laughs (HH)</div> <div>10:00 Yoga & Cardio w/Laura (HS1)</div> <div>11:00 Life Loop Training on Devices (HH)</div> <div>1:00 LCR Dice Game (HH)</div> <div>1:00 Pitch Card Game - 3rd Floor (CR3)</div> <div>2:00 BY REQUEST: Music w/ Lindsey & Mike (HH)</div> <div>2:00 Movie & Popcorn (BT)</div> <div>4:00 Beverages in Highview Pub (HP3)</div> <div>4:00 Resident Rosary Prayer (ES)</div> <div>6:30 Let's Play Golf-Resident Led (SAR)</div> <div>27</div>	<div>10:30 Cribbage - Resident-Led (HS1)</div> <div>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</div> <div>2:30 Bridge Card Game - Resident-Led (HS1)</div> <div>2:30 Scrabble Board Game - Resident-Led (DL)</div> <div>3:30 Beverages in the Pub (P)</div> <div>6:00 Movie</div> <div>28</div>

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