

February 2026

Hillcrest Highlands Fraser Apartments



KEY

A=Atrium
 B=Bus
 BT=Bravo Theater
 CR=Cameron's Restaurant
 CR3=Club Room 3rd
 CS2=Creation Station 2nd
 DL=Drummond's Lounge
 DR=Drummond's Restaurant
 ES=Exercise Studio
 FG=Fitness Gym
 HH=Highlands Hall
 HP3=Highview Pub 3rd
 SAR=St. Andrew's Room

Pub Hours

Sun. Closed
 Mon. 2:30p.m.-4:30p.m.
 Tue. 2:30p.m.-4:30p.m.
 Wed. Closed
 Thu. 4:00p.m.-6:30p.m.
 Fri. 4:00p.m.-6:30p.m.
 Sat. 3:30p.m.-6:00p.m.

Happy Birthday!

Diane H. - 14th
 Carol P. - 20th

National Days

2- Groundhog Day
 14- Valentine's Day
 16- Presidents Day
 18- Ash Wednesday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:45 Catholic Communion Service (ES) 10:30 Movement Exercise - Resident-Led (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie (BT) 3:30 Ladies Coffee & Laughs (HS1)	1 8:30 YMCA Aqua- Register in Life Loop (B) 9:15 Prayer Circle (ES) 9:30 Vitals & Balance Clinic w/Jacey (HS1) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Fun Trivia (BT) 1:00 Bible Study (CS2) 1:00 Pitch Card Game - 3rd Floor (CR3) 2:30 Beverages in Highview Pub 2:30 Pokeno Game - Like Bingo (HP3) 3:30 Bowling on the Big Screen 4:00 Happy Hour in the Hobby Shop (HS1) 4:00 Resident Rosary Prayer (ES) 6:30 Let's Shoot Pool (CR3)	2 10:00 Exercise Bands (HS1) 10:30 Hyvee Shopping-Register 1:00 Blackjack Card Game - Bring Dimes (HH) 2:00 Learn Line Dancing (ES) 2:30 Beverages in the Highview Pub (HP3) 3:00 Jewelry Making (HS1) 4:00 Resident Rosary Prayer (ES) 6:30 Music Trivia (CD)	3 8:30 YMCA Yoga-Register in Life Loop 9:00 Men's Coffee Talk - Firemen Visit (CS2) 10:00 Chair Yoga/Cardio (HS1) 10:30 Bridge Card Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza (HH) 2:00 Heart Book Folding w/Becky & Ken (HS1) 6:30 Game Night (CS2)	4 10:00 Tai Chi & Cardio w/Lindsey (HS1) 10:30 Baking for Birthdays (HS1) 1:00 Dominoes - Resident-Led (DL) 3:00 Celebrate Birthdays (HH) 10:00 Yoga & Cardio w/Laura (HS1) 11:00 iPhone 101 Class (BT) 1:00 LCR Dice Game (HH) 1:00 Pitch Card Game - 3rd Floor (CR3) 2:00 Movie & Popcorn (BT) 4:00 Beverages in Highview Pub (HP3) 4:00 Resident Rosary Prayer (ES) 6:30 Discuss Favorite Recipes (CD)	5 8:30 YMCA Yoga-Register in Life Loop (B) 9:30 Men's Breakfast at Billy's Cafe-Register (B) 10:00 Ladies Coffee & Laughs (HH) 10:00 Yoga & Cardio w/Laura (HS1) 11:00 iPhone 101 Class (BT) 1:00 LCR Dice Game (HH) 1:00 Pitch Card Game - 3rd Floor (CR3) 2:00 Movie & Popcorn (BT) 4:00 Beverages in Highview Pub (HP3) 4:00 Resident Rosary Prayer (ES) 6:30 Discuss Favorite Recipes (CD)	6 10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno Game (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Beverages in the Pub (P) 6:00 Movie	7
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9:45 Catholic Communion Service (ES) 10:30 Movement Exercise - Resident-Led (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie (BT) 3:30 Ladies Coffee & Laughs (HS1)	15 8:30 YMCA Aqua-Register in Life Loop (B) 9:15 Prayer Circle (ES) 10:00 Art Project w/Paula C.-Register (CS2) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Fun Trivia (BT) 1:00 Bible Study (CS2) 1:00 Pitch Card Game - 3rd Floor (CR3) 2:30 Beverages in Highview Pub 2:30 Pokeno Game - Like Bingo (HP3) 3:30 Bowling on the Big Screen 4:00 Happy Hour in the Hobby Shop (HS1) 4:00 Resident Rosary Prayer (ES) 6:30 Let's Shoot Pool (CR3)	16 10:00 Exercise Bands (HS1) 10:00 Fraser Community Meeting (HS1) 10:30 Hy-Vee Shopping (B) 11:00 Christian Service-w/Pastor Mary (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 1:00 Exercise Chair Yoga (HS1) 2:30 Beverages in the Highview Pub (HP3) 4:00 Resident Rosary Prayer (ES)	17 8:30 YMCA Yoga-Register in Life Loop 9:00 Men's Coffee Talk - Firemen Visit (CS2) 10:00 Chair Yoga/Cardio (HS1) 10:30 Bridge Card Game - Resident-Led (DL) 10:30 Equipment Training w/Innovate (FG) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza (HH) 2:00 Craft: Chinese New Year Paper Lanterns (HS1) 3:30 Walking Club-Meet in the Atrium 6:30 Game Night (CS2)	18 10:00 Tai Chi & Cardio w/Lindsey (HS1) 11:00 Poarch Chiropractic-Test Your Knowledge w/Syndi & Kolbe (BT) 10:30 Bridge Card Game - Resident-Led (DL) 1:00 Dominoes - Resident-Led (DL) 1:00 Make Dessert for Fire Dept. (CS2) 4:00 Beverages in the Highview Pub (HP3) 4:00 Resident Rosary Prayer (ES) 6:30 Trivia (CD)	19 8:30 YMCA Yoga-Register in Life Loop (B) 9:30 Balloon Volleyball-3rd Fridays (ES) 10:00 Ladies Coffee & Laughs (HH) 10:00 Yoga & Cardio w/Laura (HS1) 11:00 LifeLoop 101 Class (HH) 11:30 Basil's Restaurant-Register (B) 1:00 LCR Dice Game (HH) 1:00 Pitch Card Game - 3rd Floor (CR3) 2:00 Movie & Popcorn (BT) 4:00 Beverages in Highview Pub (HP3) 4:00 Resident Rosary Prayer (ES)	20 10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno Game (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Beverages in the Pub (P) 6:00 Movie 6:30 Shuffleboard (SAR)
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