

Which In-Home Service Is Right for You?

Choose **Hillcrest Home Care** if you need:

- Skilled medical care to recover after an illness, injury or surgery
- Physical, occupational or speech therapy
- Wound care or disease management
- Physician-directed services covered by Medicare
- Short-term support focused on achieving health and safety goals

Choose **Hillcrest Caring Companions** for:

- Help with daily tasks like bathing, dressing and grooming
- Support with errands, meals or household tasks
- Companionship and social engagement
- Dementia-trained caregivers



Learn More About In-Home Care

Whether you need skilled medical support after a hospital stay or ongoing personal care to remain independent at home, we're here to help. Contact us to schedule a visit, ask questions or learn more about the in-home services Hillcrest provides.



Skilled Medical Home Health

Proudly serving 10 counties in Eastern Nebraska & Western Iowa

(402) 682-4808

****New referrals accepted by fax at (402) 682-6563**

HillcrestHomeCare.com



Scan to Learn More



In-Home Personal Care

Serving Omaha and Surrounding Communities

(402) 682-6599

HillcrestCaringCompanions.com



Scan to Learn More

IN-HOME MEDICAL AND PERSONAL CARE



Care That Comes to You — *Wherever You Call Home*

Hillcrest offers two in-home services designed to help aging adults remain safe, independent and supported.

Hillcrest Home Care provides short-term, physician-directed skilled medical care following an illness, injury, in-patient rehab or hospital stay.

Hillcrest Caring Companions offers private duty personal care and companionship to help seniors age well at home with confidence.

Both services are available in the comfort of home or in independent or assisted living communities, giving families flexible options for care.



**Hillcrest
Home Care**



Skilled Medical Home Health

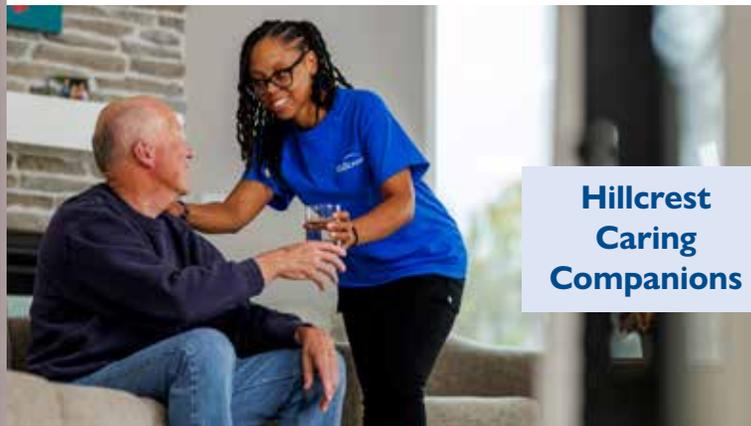
When recovering at home, having the right medical support can make all the difference. Hillcrest Home Care partners with your physician to create a personalized plan that helps you regain strength, mobility and independence after a hospital stay or health event.

Our team may include:

- Nurses and home health aides
- Physical, occupational & speech therapists
- Social workers

We provide skilled nursing, therapy and post-hospital care with expertise in wound care, dementia, balance and fall prevention, and other recovery needs. Our goal is always to help you heal safely at home and avoid unnecessary re-hospitalizations.

Hillcrest Home Care is certified to accept Medicare and works with most major insurance plans for physician-prescribed care.



**Hillcrest
Caring
Companions**



In-Home Personal Care & Support

Hillcrest Caring Companions provides dependable, non-medical support with activities of daily living to keep aging adults living independently.

Services may include:

Companion Support

- Socialization and conversation
- Grocery shopping and errands
- Transportation to appointments
- Light housekeeping and laundry
- Meal preparation
- Activities, games and reading

Personal Care

- Bathing, dressing and grooming
- Toileting or incontinence care
- Mobility and transferring
- Morning and evening routines

Our dependable, non-medical support is available for a few hours to 'round-the-clock, based on needs. Services are typically private pay but may be covered by some long-term care insurance policies, VA benefits or Nebraska Medicaid waiver programs. We can help determine eligibility.