



Dimensions Memory Care

Our Dimensions Cottage is a unique option representing the area's first licensed long-term care dementia program in a cottage home setting. Although the environment feels like assisted living, we are actually licensed for skilled nursing, with 24-hour nurse coverage and the oversight of a geriatric board-certified medical director.

Independent Living Apartments

Six of our eight Cottages include second-floor independent living apartments — a convenient option for spouses or family members who want to live close by. These one- and two-bedroom homes range up to 1,200 sq. ft. and include utilities, cable, local phone service and wireless internet. Contact us about availability and pricing.



Learn More About Our Care

If you're exploring long-term skilled nursing care in a warm, household-style setting, we'll show you what makes the Cottages so special. Contact us to ask questions, schedule a visit or learn more about our person-directed approach.



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HillcrestHealth.com

LONG-TERM CARE & POST-ACUTE REHAB





Skilled Nursing That Feels Like Home

Located within a beautiful 44-acre campus, the Cottages at Hillcrest Country Estates offer a warm, comfortable place where residents receive 24-hour skilled nursing care in a true household-model community.

Each Cottage is home to just 13 residents and features private rooms, shared living spaces and a welcoming family-style atmosphere designed to honor dignity and independence in a supportive environment.

Dedicated Rehab Cottage

With 22 private suites, we offer the only “cottage-style” post-acute rehabilitation center in the area. Guests typically stay one to three weeks following surgery, illness or hospital stay before successfully returning home.



Personalized Care in a Household Setting

The small-home setting allows team members to truly know each resident and provide attentive support with bathing, dressing, grooming, mobility, transferring and medication administration.

Our approach centers on understanding each resident’s preferences, routines and goals. Care plans are developed collaboratively with residents, families and our care team to support comfort, safety and meaningful daily life.

Our care team is comprised of:

- Medical director and nurse practitioners
- Licensed nurses
- Certified nursing assistants
- Restorative therapists
- Social worker
- Recreation leader
- Other professionals as needed



Daily Life Built Around Resident Preferences

Life in the Cottages reflects the rhythms and routines that make a home feel like home. Residents may choose to sleep in, enjoy a favorite hobby, visit with family, spend time outdoors or participate in daily activities and outings.

Our culinary program, supported by our dietitian, offers nutritious and delicious meals that meet residents’ preferences and dietary needs. Family-style dining brings residents together for conversation, connection and comfort.

With a warm environment and caring team, each Cottage fosters a sense of belonging and well-being.