

March 2026

Hillcrest Highlands Sutherland Apartments



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Gentle Exercise (HS1)</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: Git-R-Done Larry the Cable Guy (BT)</p>	<p>8:30 YMCA Aqua-Register in Life Loop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>9:30 Vital & Balance Clinic w/Jacey (HS1)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Pitch Card Game w/Mike- 3rd Floor (CR3)</p> <p>2:30 Beverages in Highview Pub</p> <p>2:30 Pokeno Game - Like Bingo (HP3)</p> <p>3:00 🇬🇷 Greece Travel Oppurtunity with Sarpy County Chamber (HH)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hyvee Shopping-Register (B)</p> <p>11:40 Ribbon Cutting</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing (ES)</p> <p>2:30 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA-Register in Life Loop (B)</p> <p>9:00 Men's Coffee Talk - Firemen Visit (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Bridge Card Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>2:00 ENTERTAINMENT-George N the Jr's (HH)</p> <p>3:30 Walking Club-Meet in the Atrium (AT)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/ Music-Lindsey (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>1:00 Dominoes - Resident-Led (DL)</p> <p>3:00 Celebrate Birthdays (HH)</p> <p>4:00 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga-Register In Life Loop (B)</p> <p>9:30 YOGA-w/Lindsey (ES)</p> <p>10:00 Ladies Coffee & Laughs (HH)</p> <p>11:00 Life Loop Training 101 (HH)</p> <p>1:00 Active Hearing-Sutherland Conference Rm</p> <p>1:00 Bunco Dice Game (HH)</p> <p>1:00 Pitch Card Game - 3rd Floor (CR3)</p> <p>1:30 Movie: Sixth Sense (BT)</p> <p>4:00 Beverages in Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Chair Yoga-Resident Led (HS1)</p> <p>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Black Jack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Beverages in the Pub (HP3)</p> <p>6:00 Movie The Thomas Crown Affair</p>
<p>AD Daylight Saving Time - Spring Forward</p> <p>9:30 Gentle Exercise (HS1)</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: Along Came Polly (BT)</p>	<p>8:30 YMCA Aqua- Register in Life Loop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>9:45 CONFESSION w/Father Vince-Sutherland Conference Rm.</p> <p>10:30 Catholic Mass w/ Father Vince (ES)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Pitch Card Game w/Mike-3rd Floor (CR3)</p> <p>1:30 Jacey Discussion: Hot Topic (BT)</p> <p>2:30 Beverages in Highview Pub</p> <p>2:30 Pokeno Game - Like Bingo (HP3)</p> <p>3:00 Shadow Lake Shopping Trip-Register (B)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hyvee Shopping-Register (B)</p> <p>10:30 Walmart Shopping-Register (B)</p> <p>11:40 Ribbon Cutting</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>1:00 Monthly Book Club (DL)</p> <p>2:00 Learn Line Dancing (ES)</p> <p>2:30 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA-Register in Life Loop (B)</p> <p>9:00 Men's Coffee Talk - Firemen Visit (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Bridge Card Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>2:00 Bible Study w/Pastor Quandt (HH)</p> <p>3:00 Stuff Candy in Plastic Eggs (HH)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/ Music-Lindsey (ES)</p> <p>9:30 Men's Outing-Sapp Brothers Restaurant-Register (B)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:30 Make a Craft (HS1)</p> <p>1:00 Dominoes - Resident-Led (DL)</p> <p>1:00 Lifelong Learning (Mike Talk): Religions of the World (BT)</p> <p>3:00 Shuffleboard & Soda (SAR)</p> <p>4:00 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga-Register In Life Loop (B)</p> <p>9:30 YOGA-w/Lindsey (ES)</p> <p>10:00 Ladies Coffee & Laughs (HH)</p> <p>11:00 Life Loop Training on Devices (BT)</p> <p>1:00 Bunco Dice Game (HH)</p> <p>1:00 Pitch Card Game - 3rd Floor (CR3)</p> <p>1:30 Movie: Race to Witch Mountain (BT)</p> <p>4:00 Beverages in Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>4:30 FISH FRY- St Patrick's Church-Register (B)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Chair Yoga-Resident Led (HS1)</p> <p>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Black Jack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Beverages in the Pub (HP3)</p> <p>6:00 Movie Battle: Los Angeles</p> <p>6:30 Shuffleboard (SAR)</p>

KEY

- A=Atrium
- B=Bus
- BT=Bravo Theater
- CR=Cameron's Restaurant
- CR3=Club Room 3rd
- CS2=Creation Station 2nd
- DL=Drummond's Lounge
- DR=Drummond's Restaurant
- ES=Exercise Studio
- FG=Fitness Gym
- HH=Highlands Hall
- HP3=Highview Pub 3rd
- SAR=St. Andrew's Room

Pub Hours

- Sun. Closed
- Mon. 2:30p.m.-4:30p.m.
- Tues. 2:30p.m.-4:0p.m.
- Wed. Closed
- Thu. 4:00p.m.-6:30p.m.
- Fri. 4:00p.m.-6:30p.m.
- Sat. 3:30p.m.-6:00p.m.

Happy Birthday!

- Harry S. - 4th
- Susan "Sue" A. - 5th
- Richard B. - 6th
- Judy M. - 10th
- Homer L. - 12th
- Carol O. - 15th
- Melody G. - 15th
- Patricia "Patti" G. - 16th
- Sandy G. - 19th
- Judith H. - 20th
- Marion S. - 20th
- Steve B. - 24th
- Wayne W. - 30th
- Joan W. - 31st

National Days

- 2-Dr Seuss Day
- 6-Oreo Day
- 8-Daylight Saving Time
- 17- St. Patrick's Day
- 20-First Day of Spring

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<p>9:30 Gentle Movement Exercise - Resident-Led (HS1)</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie (BT)</p> <p>4:00 Let's Play Darts (SAR)</p>	<p>8:30 YMCA Aqua-Register in Life Loop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights w/Lindsey (ES)</p> <p>10:00 Mardi Gras Mask Making-Register (CS2)</p> <p>10:30 Fun Trivia (BT)</p> <p>11:00 Film Committee</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Pitch Card Game - 3rd Floor (CR3)</p> <p>2:30 Beverages in Highview Pub</p> <p>2:30 Pokeno Game - Like Bingo (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 HyVee/Walmart</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:00 Christian Service-w/Pastor Mary (CS2)</p> <p>11:40 Ribbon cutting</p> <p>1:00 Blackjack Card Game - Bring Dimes (HH)</p> <p>2:30 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:00 Mardi Gras Party (HH)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA Yoga-Register in Life Loop (B)</p> <p>9:00 Men's Coffee Talk - Firemen Visit (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Bridge Card Game - Resident-Led (DL)</p> <p>10:30 Equipment Training w/Innovate (FG)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>2:00 Craft: Chinese New Year Paper Lanterns (HS1)</p> <p>3:30 Walking Club-Meet in the Atrium</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/ Music-Lindsey (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:00 Poarch Chiropractic-Test Your Knowledge w/Sydni & Kolbe (BT)</p> <p>1:00 Dominoes - Resident-Led (DL)</p> <p>1:00 Make Dessert for Fire Dept. (CS2)</p> <p>4:00 Beverages in the Highview Pub-Wayne W. Entertainment (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga-Register In Life Loop (B)</p> <p>9:30 Balloon Volleyball-3rd Fridays (ES)</p> <p>10:00 Ladies Coffee & Laughs (HH)</p> <p>11:00 Lifeloop 101 Class (HH)</p> <p>11:30 Basil's Restaurant-Register (B)</p> <p>1:00 Bunco Dice Game (HH)</p> <p>1:00 Pitch Card Game - 3rd Floor (CR3)</p> <p>2:00 Movie & Popcorn (BT)</p> <p>4:00 Beverages in Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Chair Yoga-Resident Led (HS1)</p> <p>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Beverages in the Pub (HP3)</p> <p>6:00 Movie: "Man In The Moon" (BT)</p> <p>6:30 Shuffleboard (SAR)</p>
<p>9:30 Gentle Movement Exercise - Resident-Led (HS1)</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "Untouchables" (BT)</p> <p>4:00 Shuffleboard - Resident-Led (SAR)</p>	<p>8:30 YMCA Aqua-Register in Life Loop (B)</p> <p>9:00 PODIATRIST- By Appointment (CS2)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights w/Lindsey (ES)</p> <p>10:30 Catholic Mass w/ Father Vince (ES)</p> <p>10:30 Fun Trivia (BT)</p> <p>1:00 Bible Study (BT)</p> <p>1:00 Pitch Card Game - 3rd Floor (CR3)</p> <p>2:30 Beverages in Highview Pub</p> <p>2:30 Pokeno Game - Like Bingo (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 HyVee/Walmart</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:30 Walmart Shopping (B)</p> <p>11:40 Ribbon cutting</p> <p>1:00 Blackjack Card Game - Bring Dimes (HH)</p> <p>2:30 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA-Register in Life Loop (B)</p> <p>9:00 Men's Coffee Talk - Firemen Visit (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:00 Community Meeting (HH)</p> <p>10:30 Bridge Card Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>2:00 Bible Study w/Pastor Quandt (HH)</p> <p>3:30 Learn Line Dancing (ES)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/ Music-Lindsey (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>1:00 Bunco (HH)</p> <p>1:00 Dominoes - Resident-Led (DL)</p> <p>1:00 War Horse Casino-Register (B)</p> <p>3:30 Shuffleboard & Soda (SAR)</p> <p>4:00 Beverages in the Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf-Resident Led (SAR)</p>	<p>8:30 YMCA Yoga-Register In Life Loop (B)</p> <p>9:30 YOGA-w/Lindsey (ES)</p> <p>10:00 Ladies Coffee & Laughs (HH)</p> <p>11:00 Life Loop Training on Devices (HH)</p> <p>1:00 Bunco Dice Game (HH)</p> <p>1:00 Pitch Card Game - 3rd Floor (CR3)</p> <p>2:00 BY REQUEST: Music w/ Lindsey & Mike (HH)</p> <p>4:00 Beverages in Highview Pub (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf-Resident Led (SAR)</p>	<p>9:30 Chair Yoga-Resident Led (HS1)</p> <p>1:30 Pokeno Game (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Beverages in the Pub (HP3)</p> <p>6:00 Movie (BT)</p>

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