

Our Continuum of Services

Located within Hillcrest Mable Rose, The Club offers more than daytime support — it provides peace of mind. Members are in a secure environment with priority access to personal assistance as needed and the reassurance of being within a trusted Hillcrest community.

Should needs change over time, families benefit from seamless access to additional Hillcrest services, including assisted living, memory care, post-acute rehabilitation, outpatient therapy, home care and hospice. This continuum of care ensures members receive the support they need from a trusted provider as their care needs evolve.



Learn More About The Club

If you're looking for a safe, engaging daytime program that supports independence and offers peace of mind for caregivers, we'd love to tell you more. Contact us to ask questions, review payment options including Nebraska Medicaid waiver and VA benefits, schedule a visit, or simply learn about how The Club can support your family.



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[HillcrestHealth.com](https://www.hillcresthealth.com)

ADULT DAY SERVICES





Enjoy

New Friends and Fun

The Club at Hillcrest Mable Rose offers a safe and welcoming place for aging adults to spend their day while continuing to live at home. For more than 20 years, The Club has engaged members with meaningful activities, social connection and personalized attention from a caring team in a warm, secure setting. Club members don't just attend a program, they form friendships, build routines and enjoy days filled with purpose, laughter and connection.

Nourishing

Body, Mind and Soul

Life at The Club is active, social and thoughtfully structured. Members enjoy group activities, games, crafts, exercise, music, movies, scheduled outings and special events that encourage participation and create joyful moments.

Shared meals and snacks, coordinated by Hillcrest Mable Rose's talented culinary team, nourish members while promoting further connection while dining. Over time, members become a close-knit group of familiar faces who look forward to seeing one another each day.

The Club features congregate seating for meals and group activities as well as comfortable chairs and recliners for those that want to relax or have some quiet time. Adjacent to the Club's space within Mable Rose, members can also enjoy Marv's Place, a pub-style lounge with games and entertainment, and the Wellness Room, offering opportunities for both individual and group exercise.

Flexible Care

That Fits Your Life

The Club is designed to support both members and their caregivers through flexible scheduling options. Members may choose to attend:

Full-time – five days a week

Part-time – up to four regularly scheduled full or half days weekly, or

Casual – attending as desired, based on availability and individual needs

This flexibility allows families to create a routine that fits their lifestyle.

Caregivers feel confident knowing their loved one is safe, supervised and meaningfully engaged throughout the day by a compassionate team that truly knows each member.

Our experienced team also provides support for members with early to mid-stage dementia and personal assistance with medications and activities of daily living for those members who need a little extra help.