

| Sun   | Mon  | Tue   | Wed   | Thu   | Fri  | Sat  |
|---|--|---|---|---|--|--|
| <b>1</b><br><b>Walking Laps</b><br>10:00 Catholic Comm (Chapel)<br>10:30 Catholic Mass (Ch. 8)<br>1:00 Tablecloth Coloring<br>2:00 Exercise<br>3:00 Coffee & Convo<br>6:00 Movie & Snack  | <b>2</b><br><b>Walking Laps</b><br>9:00 Dominoes<br>10:00 Making Birthday Cupcakes<br>10:30 Senior Smarties Trivia<br>12:30 Manicures w/Alize<br>2:15 Sittercise w/Carol<br>3:00 Pet Therapy w/Louie<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack                                  | <b>3</b> <i>Happy Birthday, Pam!</i><br>9:30 Rosary in the Chapel<br>10:00 Pet Therapy w/Willa<br>10:00 Noodle Balloon Toss<br>10:30 Ballroom Chair Dancing<br>11:00 Birthday Party for Pam<br>12:30 Touch of Irish Creativity (Marv's)<br>2:15 Pool Noodle Exercise w/Carol<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack | <b>4</b><br><b>Walking Laps</b><br>9:30 Catholic Mass/Rosary<br>10:15 Making Oreo Balls<br>10:30 Pet Therapy w/Legend<br>10:45 Learning about Names<br>12:30 Cup of Hot Tea<br>1:00 Bunco w/Friends<br>2:15 Sittercise w/Carol<br>2:30 Bus Ride w/Jack<br>3:15 Bingo (AL)<br>6:00 Movie & Snack | <b>5</b> <i>Beauty Salon Day</i><br><b>Walking Laps</b><br>9:00 Wellness Clinic<br>9:30 Jean Playing the Piano<br>10:15 Hymn Sing w/Pastor Jerry<br>1:00 Music w/Bill Chrastil<br>2:15 Bingo (AL) w/Lisa<br>3:15 Manicures w/Alize<br>4:00 Protestant Service (Chapel)  | <b>6</b><br><b>Walking Laps</b><br>9:30 Bible Study (Chapel)<br>10:30 Playing All 6<br>1:00 Merrymakers Presents: Music w/Kim Eames<br>1:30 Sweet Rhythm & Oreo Crumbs<br>2:15 Sittercise w/Carol<br>2:45 Working Puzzles<br>3:15 Bingo (AL)<br>6:00 Movie & Snack | <b>7</b><br><b>Walking Laps</b><br>9:30 Daily Chronicle<br>10:30 Tablecloth Coloring<br>1:00 Bingo (AL) w/Alize<br>2:30 Saturday Cinema: "Mrs. Doubtfire"<br>3:15 Reminiscing 1:1's<br>6:00 Comfy Chair TV Time                      |
| <b>8</b><br><b>Walking Laps</b><br>10:00 Catholic Comm (Chapel)<br>10:30 Catholic Mass (Ch. 8)<br>1:00 Tablecloth Coloring<br>2:00 Exercise<br>3:00 Coffee & Convo<br>6:00 Movie & Snack  | <b>9</b><br><b>Walking Laps</b><br>9:00 Dominoes<br>10:30 Senior Smarties Trivia<br>12:30 Manicures w/Alize<br>2:15 Sittercise w/Carol<br>3:00 Pet Therapy w/Louie<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack  | <b>10</b><br><b>Walking Laps</b><br>9:30 Rosary in the Chapel<br>10:00 Crochet/Knit Club<br>12:30 Touch of Irish Creativity (Marv's)<br>2:15 Pool Noodle Exercise w/Carol<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack  | <b>11</b><br><b>Walking Laps</b><br>9:30 Catholic Comm/Rosary<br>10:15 Bundt Cake of the Month: "Leprechaun"<br>10:30 Pet Therapy w/Legend<br>12:30 Cake Social<br>1:00 Bunco w/Friends<br>2:15 Sittercise w/Carol<br>2:30 Bus Ride w/Jack<br>3:15 Bingo (AL)<br>6:00 Movie & Snack             | <b>12</b> <i>Beauty Salon Day</i><br><b>Walking Laps</b><br>9:30 Jean Playing the Piano<br>10:15 Planting Seeds of Friendship<br>1:00 Music w/Ric Jensen<br>2:15 Bingo (AL) w/Lisa<br>2:45 Playing a Game<br>3:30 Manicures w/Alize<br>4:00 Protestant Service (Chapel)<br><i>National Plant a Flower Day</i> | <b>13</b><br><b>Walking Laps</b><br>9:30 Bible Study (Chapel)<br>10:30 Playing All 6<br>1:00 Music w/Mary Link<br>2:15 Sittercise w/Carol<br>3:15 Bingo (AL)<br>6:00 Movie & Snack   | <b>14</b><br><b>Walking Laps</b><br>9:30 Daily Chronicle<br>10:30 Tablecloth Coloring<br>1:00 Bingo (AL) w/Alize<br>2:30 Paws for Friendship<br>2:30 Saturday Cinema: "Grumpier Old Men"<br>3:15 Reminiscing 1:1's                   |
| <b>15</b><br><b>Walking Laps</b><br>10:00 Catholic Comm (Chapel)<br>10:30 Catholic Mass (Ch. 8)<br>1:00 Tablecloth Coloring<br>2:00 Exercise<br>3:00 Coffee & Convo<br>6:00 Movie & Snack | <b>16</b><br><b>Walking Laps</b><br>9:00 Dominoes<br>10:30 Senior Smarties Trivia<br>12:30 Manicures w/Alize<br>2:15 Sittercise w/Carol<br>3:00 Pet Therapy w/Louie<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack   | <b>17</b><br>9:30 Rosary in the Chapel<br>10:00 Pet Therapy w/Willa<br>10:00 Noodle Balloon Toss<br>10:30 Ballroom Chair Dancing<br>1:00 Shamrock & Roll Party (Marvs)<br>2:30 Pool Noodle Exercise w/Carol<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>St Patrick's Day  | <b>18</b><br><b>Walking Laps</b><br>9:30 Catholic Comm/Rosary<br>10:15 Making Brownies<br>10:30 Pet Therapy w/Legend<br>12:30 Cup of Hot Tea<br>1:00 Playing One & Done<br>2:15 Sittercise w/Carol<br>2:30 Bus Ride w/Jack<br>3:15 Bingo (AL)<br>6:00 Movie & Snack                             | <b>19</b> <i>Beauty Salon Day</i><br><b>Walking Laps</b><br>9:30 Jean Playing the Piano<br>10:15 Hymn Sing w/Pastor Jerry<br>1:00 Merrymakers Presents Music w/Billy Troy<br>2:15 Bingo (AL) w/Lisa<br>3:15 Manicures w/Alize<br>4:00 Protestant Service (Chapel)<br><i>National Red Nose Day</i>             | <b>20</b><br><b>Walking Laps</b><br>9:30 Bible Study (Chapel)<br>10:30 Floral Spring Coloring Pages<br>1:00 Music Bingo w/Eliot<br>2:15 Sittercise w/Carol<br>3:15 Bingo (AL)<br>6:00 Movie & Snack<br><i>First Day of Spring</i>                                  | <b>21</b><br>9:30 Daily Chronicle<br>10:30 Tablecloth Coloring<br>2:45 Saturday Cinema<br>3:15 Reminiscing 1:1's<br>5:30 Bingo (AL)<br>6:00 Comfy Chair TV Time  |
| <b>22</b><br><b>Walking Laps</b><br>10:00 Catholic Comm (Chapel)<br>10:30 Catholic Mass (Ch. 8)<br>1:00 Tablecloth Coloring<br>2:00 Exercise<br>3:00 Coffee & Convo<br>6:00 Movie & Snack | <b>23</b><br><b>Walking Laps</b><br>9:00 Dominoes<br>10:30 Senior Smarties Trivia<br>12:30 Birthday Party for Georgia<br>2:15 Sittercise w/Carol<br>3:00 Pet Therapy w/Louie<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack  | <b>24</b><br><b>Walking Laps</b><br>9:30 Rosary in the Chapel<br>10:00 Crochet/Knit Club<br>12:30 Spring into Creativity (Marv's)<br>2:15 Pool Noodle Exercise w/Carol<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack   | <b>25</b><br><b>Walking Laps</b><br>9:30 Catholic Comm/ Rosary<br>10:15 Making Cupcakes<br>10:30 Pet Therapy w/Legend<br>1:00 Making Jewlery<br>2:15 Sittercise w/Carol<br>2:30 Bus Ride w/Jack<br>3:15 Bingo (AL)<br>6:00 Movie & Snack  | <b>26</b> <i>Beauty Salon Day</i><br><b>Walking Laps</b><br>9:30 Jean Playing the Piano<br>10:30 Taking a Walk<br>1:00 Music w/Tom Wills<br>2:15 Bingo (AL) w/Lisa<br>3:15 Manicures w/Alize<br>4:00 Protestant Service (Chapel)  | <b>27</b><br><b>Walking Laps</b><br>9:30 Bible Study (Chapel)<br>10:30 Playing All 6<br>1:00 Music w/Denelle Danner<br>2:15 Sittercise w/Carol<br>3:15 Bingo (AL)<br>6:00 Movie & Snack  | <b>28</b><br><b>Walking Laps</b><br>9:30 Daily Chronicle<br>10:00 Girl Scout Spring Crafting<br>1:00 Saturday Cinema<br>2:30 Paws for Friendship<br>3:15 Reminiscing 1:1's<br>5:30 Bingo (AL) w/Michelle<br>6:00 Comfy Chair TV Time |
| <b>29</b><br><b>Walking Laps</b><br>10:00 Catholic Comm (Chapel)<br>10:30 Catholic Mass (Ch. 8)<br>1:00 Tablecloth Coloring<br>2:00 Exercise<br>3:00 Coffee & Convo<br>6:00 Movie & Snack | <b>30</b> <i>Happy Birthday, Kay!</i><br><b>Walking Laps</b><br>9:00 Dominoes<br>10:00 Making Birthday Cupcakes<br>10:30 Senior Smarties Trivia<br>1:00 Birthday Party for Kay<br>2:15 Sittercise w/Carol<br>3:00 Pet Therapy w/Louie<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack | <b>31</b><br><b>Walking Laps</b><br>9:30 Rosary in the Chapel<br>10:00 Crochet/Knit Club<br>12:30 Spring into Creativity (Marv's)<br>2:15 Pool Noodle Exercise w/Carol<br>3:15 Bingo (AL)<br>3:30 Working Puzzles<br>6:00 Movie & Snack   | <b>Birthdays:</b><br>Pamela A..... 03/ 03<br>Althea T..... 03/ 30<br> <b>HAPPY BIRTHDAY</b>  |    |  |   |

Please contact Alize Bass w/any questions: (402) 682-6875 or abass@hillcresthealth.com.