



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Key:									
<p style="text-align: center;">May 2026</p> <p style="text-align: center;">Hillcrest Highlands of Gretna Fraser Apartments</p> 							<p>A=Atrium B=Bus BT=Bravo Theater CR=Cameron's Restaurant CR3=Club Room 3rd CS2=Creation Station 2nd DL=Drummond's Lounge DR=Drummond's Restaurant ES=Exercise Studio FG=Fitness Gym HH=Highlands Hall HP3=Highview Pub 3rd SAR=St. Andrew's Room</p>									
							Pub Hours:									
							<p>Sun Closed Mon. 2:30-4:30 p.m. Tues. 2:30-4:30p.m. Wed. Closed Thu. 4:00-6:30 p.m. Fri. 4:00-6:30 p.m. Sat. 3:30-6:00 p.m.</p>									
							Happy Birthday!									
							Lois M. - 13th									
							National Days:									
							<p>1 - May Day 2 - Kentucky Derby Day 5 - Cinco de Mayo 8 - Have a Coke Day 10 - Mother's Day 16 - Armed Forces Day 21 - Chardonnay Day</p>									
<p>May 2026</p> <p>Hillcrest Highlands of Gretna Fraser Apartments</p> 	<p>1</p> <p>8:30 YMCA Yoga - Register In LifeLoop (B) 10:00 Bus for Joan Roger's Memorial Service (BU) 10:00 Ladies Coffee (HH) 10:00 Yoga & Cardio (HS1) 11:00 LifeLoop Training (HH) 1:00 Active Hearing - 1st Come, 1st Served (Sutherland Conf Rm) 1:00 Bunco (DL) 1:00 Bunco Dice Game (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 KY Derby Hat Making (HH) 1:30 Movie: "Black Hawk Down" (BT) 4:00 Resident Rosary Prayer (ES)</p>	<p>2</p> <p>10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Beverages - KY Derby Mint Julips (HP3) 6:00 Movie: "E.T. the Extra-Terrestrial" (BT)</p>	<p>3</p> <p>9:45 Catholic Communion Service (ES) 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Remember The Titans" (BT) 3:30 Ladies Coffee & Laughs (HS1)</p>	<p>4</p> <p>8:30 YMCA Aqua - Register in LifeLoop (B) 9:00 Podiatrist - By Appt (Fraser Conf Rm) 9:15 Prayer Circle (ES) 10:00 Chair Tai Chi/Cardio 10:30 Fun Trivia w/Mike R. (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Happy Hour (HP3) 2:30 Pokeno (Like Bingo) (HP3) 3:30 Bowling on the Big Screen 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)</p>	<p>5</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 2:00 Learn Line Dancing (ES) 2:30 🌟 Cinco de Mayo Celebration (HP3) 4:00 Resident Rosary Prayer (ES)</p>	<p>6</p> <p>8:30 YMCA - Register in LifeLoop 9:00 Men's Coffee Talk (CS2) 9:00 Vital & Balance Clinic (HS1) 10:00 Cardio Exercise (HS1) 10:30 Scrabble Board Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bananza (HH) 1:00 Fareway Grocery Store Van Trip - Register 3:00 Entertainer: Arthrighteous Brothers (HH) 6:30 Game Night (CS2)</p>	<p>7</p> <p>10:00 Tai Chi & Cardio (HS1) 10:30 Cedar Hollow Elementary Singers (HH) 1:00 Dominoes - Resident-Led (DL) 3:00 Celebrate Birthdays (HH) 4:00 Resident Rosary Prayer (ES) 6:30 Discuss Favorite Recipes (CD)</p>	<p>8</p> <p>8:30 YMCA Yoga - Register In LifeLoop (B) 10:00 Yoga & Cardio (HS1) 11:00 LifeLoop Training on Devices (HH) 1:00 Bunco Dice Game (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Charro!" (BT) 4:00 Resident Rosary Prayer (ES) 6:30 UNO Card Game - Resident Led (HS1)</p>	<p>9</p> <p>10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 6:00 Movie: "Good Will Hunting" (BT) 6:30 Shuffleboard (SAR)</p>	<p>10</p> <p>AD HAPPY MOTHER'S DAY 9:45 Catholic Communion Service (ES) 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Wedding Crashers" (BT) 3:30 Ladies Coffee & Laughs (HS1)</p>	<p>11</p> <p>8:30 YMCA Aqua - Register in LifeLoop (B) 9:15 Prayer Circle (ES) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Catholic Mass w/Father Vince (ES) 10:30 Fun Trivia w/Mike R. (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 1:30 Presentation by Jacey: Hot Topic (BT) 2:30 Happy Hour (HP3) 2:30 Pokeno (Like Bingo) (HP3) 3:30 Bowling on the Big Screen 3:30 Pet Therapy w/Sandy & Darby (HS1) 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)</p>	<p>12</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 1:00 Monthly Book Club (DL) 2:00 Learn Line Dancing (ES) 2:30 Beverages-Group Karaoke (HP3) 3:00 Voting Poll to Resurrection Church - Van Trip 4:00 Resident Rosary Prayer (ES) 6:30 Dementia Support Group (HH)</p>	<p>13</p> <p>8:30 YMCA - Register in LifeLoop 9:00 Men's Coffee Talk (CS2) 10:00 Cardio Exercise (HS1) 10:30 Scrabble Board Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza (HH) 1:00 Fareway Grocery Store Van Trip - Register 2:00 Bible Study w/Pastor Jerry (CS2) 3:00 Entertainer: Ed Svoboda & Band (HH) 6:30 Game Night (CS2)</p>	<p>14</p> <p>9:00 Women's Breakfast (HH) 11:30 Walking Club - Meet in Atrium (AT) 1:00 Dominoes - Resident-Led (DL) 1:00 Lifelong Learning (Mike Talk): Antarctica (BT) 2:30 Smoothies 4:00 Resident Rosary Prayer (ES)</p>	<p>15</p> <p>8:30 YMCA Yoga - Register In LifeLoop (B) 9:00 Men's Outing: Shirley's Diner Bus Trip - Register 9:30 Beach Volleyball - 3rd Fridays (ES) 10:00 Ladies Coffee (HH) 10:00 Yoga & Cardio (HS1) 11:00 LifeLoop 101 Class (HH) 1:00 Bunco Dice Game w/Steve (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Chitty Chitty Bang Bang" (BT) 4:00 Resident Rosary Prayer (ES)</p>	<p>16</p> <p>10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 6:00 Movie: "The Incredible Hulk" (BT) 6:30 Shuffleboard (SAR)</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Catholic Communion Service (ES) 17 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Patriot Games" (BT) 3:30 Ladies Coffee & Laughs (HS1)	8:30 YMCA Aqua - Register in LifeLoop (B) 18 9:15 Prayer Circle (ES) 10:00 Art Project w/Lindsey - Register (CS2) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Fun Trivia w/Mike R. (BT) 11:00 Film Committee (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Happy Hour (HP3) 2:30 Pokeno (Like Bingo) (HP3) 3:30 Bowling on the Big Screen 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	9:30 Movement & Exercise (HS1) 19 10:00 Fraser Community Meeting (HS1) 10:00 Walmart/Hy-Vee Shopping - Register (B) 11:00 Christian Service w/Chaplain Mary (CS2) 11:30 Exercise Chair Yoga (HS1) 11:30 Jessica w/Timeless Apparel (AT) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 2:00 Learn Line Dancing (ES) 2:00 Resurrection Church Bible Study (CS2) 2:30 Beverages (HP3) 4:00 Resident Rosary Prayer (ES)	8:30 YMCA - Register in LifeLoop 20 9:00 Men's Coffee Talk (CS2) 10:00 Cardio Exercise (HS1) 10:30 Equipment Training w/Innovate (FG) 10:30 Scrabble Board Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza w/Michele 1:00 Fareway Grocery Store Van Trip - Register 3:00 Sock Hop (HH) 6:30 Game Night (CS2)	10:00 Tai Chi & Cardio (HS1) 21 11:30 Walking Club - Meet in Atrium (AT) 1:00 Dominoes - Resident-Led (DL) 1:00 Make Dessert for Fire Dept. (CS2) 2:30 Cheese, Crackers, & Chardonnay Outside 4:00 Beverages (HP3) 4:00 Resident Rosary Prayer (ES) 6:30 Trivia (CD)	8:30 YMCA Yoga - Register In LifeLoop (B) 22 10:00 Ladies Coffee (HH) 10:00 Yoga & Cardio (HS1) 11:00 LifeLoop Training on Devices (HH) 1:00 Bunco Dice Game w/Steve (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Couples Retreat" (BT) 4:00 Beverages (HP3) 4:00 Resident Rosary Prayer (ES)	10:30 Cribbage - Resident-Led (HS1) 23 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Beverages (HP3) 6:00 Movie: "Joe Kidd" (BT)
9:45 Catholic Communion Service (ES) 24 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Secondhand Lions" (BT) 3:30 Ladies Coffee & Laughs (HS1)	AD MEMORIAL DAY 25 8:30 YMCA Aqua - Register in LifeLoop (B) 9:15 Prayer Circle (ES) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Fun Trivia w/Mike R. (BT) 10:30 NO Catholic Mass w/Father Vince 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Happy Hour (HP3) 2:30 Pokeno (Like Bingo) (HP3) 3:30 Bowling on the Big Screen 3:30 Pet Therapy w/Sandy & Darby (HS1) 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	10:00 Exercise Bands (HS1) 26 10:00 Walmart/Hy-Vee Shopping - Register (B) 10:30 Jewelry Making (HS1) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 2:00 Learn Line Dancing (ES) 2:30 Beverages (HP3) 4:00 Resident Rosary Prayer (ES) 4:30 Italian Night Dinner	8:30 YMCA - Register in LifeLoop 27 9:00 Men's Coffee Talk (CS2) 10:00 Cardio Exercise (HS1) 10:30 Scrabble Board Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza (HH) 1:00 Fareway Grocery Store Van Trip - Register 2:00 Bible Study w/Pastor Jerry (HH) 2:00 Sing-Along (HH) 3:00 Sorry Board Game (HS1) 4:30 Omaha Storm Chasers Game & Bingo - Register (B) 6:30 Game Night (CS2)	10:00 Tai Chi & Cardio (HS1) 28 11:30 Walking Club - Meet in Atrium (AT) 1:00 Bunco (HH) 1:00 Dominoes - Resident-Led (DL) 1:00 War Horse Casino-Register (B) 2:00 Bake N Take (HS1) 4:00 Beverages (HP3) 4:00 Resident Rosary Prayer (ES)	8:30 YMCA Yoga - Register In LifeLoop (B) 29 10:00 Ladies Coffee (HH) 10:00 Yoga & Cardio (HS1) 1:00 Bunco Dice Game w/Steve (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 2:00 BY REQUEST: Music w/Lindsey & Mike (HH) 4:00 Beverages (HP3) 4:00 Resident Rosary Prayer (ES)	10:30 Cribbage - Resident-Led (HS1) 30 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Beverages (HP3) 6:00 Movie (BT)
9:45 Catholic Communion Service (ES) 31 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Pirates of the Caribbean" (BT) 3:30 Ladies Coffee & Laughs (HS1)	<h1>May 2026</h1> <h2>Hillcrest Highlands of Gretna Fraser Apartments</h2>					

Key:

- A=Atrium
- B=Bus
- BT=Bravo Theater
- CR=Cameron's Restaurant
- CR3=Club Room 3rd
- CS2=Creation Station 2nd
- DL=Drummond's Lounge
- DR=Drummond's Restaurant
- ES=Exercise Studio
- FG=Fitness Gym
- HH=Highlands Hall
- HP3=Highview Pub 3rd
- SAR=St. Andrew's Room

Pub Hours:

Sun	Closed
Mon.	2:30-4:30 p.m.
Tues.	2:30-4:30p.m.
Wed.	Closed
Thu.	4:00-6:30 p.m.
Fri.	4:00-6:30 p.m.
Sat.	3:30-6:00 p.m.

Happy Birthday!

Lois M. - 13th

National Days:

- 1 - May Day
- 2 - Kentucky Derby Day
- 5 - Cinco de Mayo
- 8 - Have a Coke Day
- 10 - Mother's Day
- 16 - Armed Forces Day
- 21 - Chardonnay Day