

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Key:
<h1>May 2026</h1> <h2>Hillcrest Highlands of Gretna Sutherland Apartments</h2> 							<p>A=Atrium B=Bus BT=Bravo Theater CR=Cameron's Restaurant CR3=Club Room, 3rd Floor CS2=Creation Station, 2nd Floor DL=Drummond's Lounge DR=Drummond's Restaurant ES=Exercise Studio FG=Fitness Gym HH=Highlands Hall HP3=Highview Pub, 3rd Floor SAR=St. Andrew's Room</p>
							Pub Hours
							<p>Sun. Closed Mon. 2:30-4:30 p.m. Tues. 2:30-4:30 p.m. Wed. Closed Thu. 4:00-6:30 p.m. Fri. 4:00-6:30 p.m. Sat. 3:30-6:00 p.m.</p>
							Happy Birthday!
							<p>Joan R. – 2nd Ken G. – 9th Carol M. – 11th Patti B. – 23rd</p>
							National Days:
							<p>1 – May Day 2 – Kentucky Derby Day 5 – Cinco de Mayo 8 – Have a Coke Day 10 – Mother's Day 16 – Armed Forces Day 21 – Chardonnay Day</p>
9:30 Gentle Exercise (HS1) 9:45 Catholic Communion Service (ES) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Remember The Titans" (BT)	8:30 YMCA Aqua - Register in LifeLoop (B) 9:00 Podiatrist - By Appt (Fraser Conf Rm) 9:15 Prayer Circle (ES) 9:30 Hand Weights (ES) 10:30 Fun Trivia w/Mike R. (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Pokeno (Like Bingo) (HP3) 3:30 Bowling on the Big Screen (BT) 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	9:30 Exercise Bands w/Chris (ES) 10:00 Mah Jongg (CR3) 10:00 Walmart/Hy-Vee Shopping - Register (B) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Dime Blackjack Card Game w/Bob & Jack (HH) 2:00 Learn Line Dancing (ES) 2:30 🌟 Cinco de Mayo Celebration (HP3) 4:00 Resident Rosary Prayer (ES) 6:30 Let's Play Darts (SAR)	8:30 YMCA - Register in LifeLoop (B) 9:00 Men's Coffee Talk (CS2) 9:00 Vital & Balance Clinic (HS1) 9:30 Tai Chi for Balance (ES) 10:30 Scrabble Board Game - Resident-Led (DL) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bananza (HH) 1:00 Fareway Grocery Van Trip - Register 3:00 Entertainer: Arthrighteous Brothers (HH) 6:30 Game Night (CS2)	9:30 Cardio Drumming w/Music - Lindsey (ES) 10:00 Mah Jongg (CR3) 10:30 Cedar Hollow Elementary Singers (HH) 1:00 Dominoes - Resident-Led (DL) 3:00 Celebrate Birthdays (HH) 4:00 Resident Rosary Prayer (ES) 6:30 Let's Play Golf (SAR)	8:30 YMCA Yoga - Register In LifeLoop (B) 9:30 Yoga (ES) 11:00 LifeLoop Training on Devices (HH) 1:00 Bunco Dice Game (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Charro!" (BT) 4:00 Resident Rosary Prayer (ES) 6:30 Let's Shoot Pool (CR3)	9:30 Chair Yoga - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 6:00 Movie: "Good Will Hunting" (BT) 6:30 Shuffleboard (SAR)	
AD HAPPY MOTHER'S DAY 9:30 Gentle Exercise (HS1) 9:45 Catholic Communion Service (ES) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Wedding Crashers" (BT)	8:30 YMCA Aqua - Register in LifeLoop (B) 9:15 Prayer Circle (ES) 9:30 Hand Weights (ES) 10:30 Catholic Mass w/Father Vince (ES) 10:30 Fun Trivia w/Mike R. (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 1:30 Discussion w/Jacey: Hot Topic (BT) 2:30 Pokeno (Like Bingo) (HP3) 3:30 Bowling on the Big Screen (BT) 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	9:30 Exercise Bands w/Chris (ES) 10:00 Mah Jongg (CR3) 10:00 Walmart/Hy-Vee Shopping - Register (B) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Dime Blackjack Card Game w/Bob & Jack (HH) 1:00 Monthly Book Club (DL) 2:00 Learn Line Dancing (ES) 2:30 Beverages-Group Karaoke (HP3) 3:00 Voting Poll to Resurrection Church-Van Trip 4:00 Resident Rosary Prayer (ES) 6:30 Dementia Support Group (HH) 6:30 Let's Play Darts (SAR)	8:30 YMCA - Register in LifeLoop (B) 9:00 Men's Coffee Talk (CS2) 9:30 Tai Chi for Balance (ES) 10:30 Scrabble Board Game - Resident-Led (DL) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza (HH) 1:00 Fareway Grocery Store Van Trip 2:00 Bible Study w/Pastor Jerry (CS2) 3:00 Entertainer: Ed Svoboda & Band (HH) 6:30 Game Night (CS2)	9:00 Women's Breakfast (HH) 9:30 Cardio Drumming w/Music - Lindsey (ES) 10:00 Mah Jongg (CR3) 11:30 Walking Club - Meet in Atrium (AT) 1:00 Dominoes - Resident-Led (DL) 1:00 Lifelong Learning (Mike Talk): Antarctica (BT) 2:30 Smoothies 4:00 Resident Rosary Prayer (ES) 6:30 Let's Play Golf (SAR)	8:30 YMCA Yoga - Register In LifeLoop (B) 9:00 Men's Outing: Shirley's Diner Bus Trip - Register 9:30 Beach Volleyball - 3rd Fridays (ES) 10:00 Ladies Coffee (HH) 11:00 LifeLoop 101 Class (HH) 1:00 Bunco Dice Game w/Steve (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Chitty Chitty Bang Bang" (BT) 4:00 Resident Rosary Prayer (ES) 6:30 Let's Shoot Pool (CR3)	9:30 Chair Yoga - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 6:00 Movie: "The Incredible Hulk" (BT) 6:30 Shuffleboard (SAR)	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Gentle Exercise (HS1) 17</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "Patriot Games" (BT)</p> <p>4:00 Let's Play Darts (SAR)</p>	<p>8:30 YMCA Aqua - Register in LifeLoop (B) 18</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:00 Art Project w/Lindsey - Register (CS2)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>11:00 Film Committee (BT)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>2:30 Pokeno (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES) 19</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:00 Christian Service w/Chaplain Mary (CS2)</p> <p>11:30 Jessica w/Timeless Apparel (AT)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing (ES)</p> <p>2:00 Resurrection Church Bible Study (CS2)</p> <p>2:30 Beverages (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA - Register in LifeLoop (B) 20</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Equipment Training w/Innovate (FG)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza w/Michele</p> <p>1:00 Fareway Grocery Store Van Trip</p> <p>3:00 Sock Hop (HH)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music - Lindsey (ES) 21</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Dominoes - Resident-Led (DL)</p> <p>1:00 Make Dessert for Fire Dept. (CS2)</p> <p>2:30 Cheese, Crackers, & Chardonnay Outside</p> <p>4:00 Beverages (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B) 22</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>11:00 LifeLoop Training on Devices (HH)</p> <p>1:00 Bunco Dice Game (HH)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>1:30 Movie: "Couples Retreat" (BT)</p> <p>4:00 Beverages (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf - Resident Led (SAR)</p>	<p>9:30 Chair Yoga - Resident-Led (HS1) 23</p> <p>1:30 Pokeno (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Beverages (HP3)</p> <p>6:00 Movie: "Joe Kidd" (BT)</p>
<p>9:30 Gentle Exercise (HS1) 24</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "Secondhand Lions" (BT)</p> <p>4:00 Shuffleboard - Resident-Led (SAR)</p>	<p>AD MEMORIAL DAY 25</p> <p>8:30 YMCA Aqua - Register in LifeLoop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>10:30 NO Catholic Mass w/Father Vince</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>2:30 Pokeno (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES) 26</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing (ES)</p> <p>2:30 Beverages (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>4:30 Italian Night Dinner</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA - Register in LifeLoop (B) 27</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:00 Community Meeting (HH)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>12:30 Hillcrest Travel Club Planning Meeting (B)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>1:00 Fareway Grocery Store Van Trip</p> <p>2:00 Bible Study w/Pastor Jerry (HH)</p> <p>2:00 Sing-Along (HH)</p> <p>3:30 Walking Club (AT)</p> <p>4:30 Omaha Storm Chasers Game & Bingo - Register (B)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music - Lindsey (ES) 28</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Bunco (HH)</p> <p>1:00 Dominoes - Resident-Led (DL)</p> <p>1:00 War Horse Casino-Register (B)</p> <p>2:00 Bake N Take (SAR)</p> <p>4:00 Beverages (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf - Resident Led (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B) 29</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>2:00 BY REQUEST: Music w/Lindsey & Mike (HH)</p> <p>4:00 Beverages (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p>	<p>9:30 Chair Yoga - Resident-Led (HS1) 30</p> <p>1:30 Pokeno (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Beverages (HP3)</p> <p>6:00 Movie: "Never Been Kissed" (BT)</p>
<p>9:30 Gentle Exercise (HS1) 31</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "Pirates of the Caribbean" (BT)</p>	<p>May 2026</p> <p>Hillcrest Highlands of Gretna</p> <p>Sutherland Apartments</p> 					

Key:

A=Atrium
 B=Bus
 BT=Bravo Theater
 CR=Cameron's Restaurant
 CR3=Club Room, 3rd Floor
 CS2=Creation Station, 2nd Floor
 DL=Drummond's Lounge
 DR=Drummond's Restaurant
 ES=Exercise Studio
 FG=Fitness Gym
 HH=Highlands Hall
 HP3=Highview Pub, 3rd Floor
 SAR=St. Andrew's Room

Pub Hours:

Sun. Closed
 Mon. 2:30-4:30 p.m.
 Tues. 2:30-4:30 p.m.
 Wed. Closed
 Thu. 4:00-6:30 p.m.
 Fri. 4:00-6:30 p.m.
 Sat. 3:30-6:00 p.m.

Happy Birthday!

Joan R. - 2nd
 Ken G. - 9th
 Carol M. - 11th
 Patti B. - 23rd

National Days:

1 - May Day
 2 - Kentucky Derby Day
 5 - Cinco de Mayo
 8 - Have a Coke Day
 10 - Mother's Day
 16 - Armed Forces Day
 21 - Chardonnay Day