

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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June 2026

Fraser Apartments Assisted Living



1

8:30 YMCA Aqua - Register in LifeLoop (B)
 9:15 Prayer Circle (ES)
 10:00 Chair Tai Chi/Cardio (HS1)
 10:30 Craft: Paper Tuxedo Candy Holder (HS1)
 10:30 Fun Trivia w/Mike R. (BT)
 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)
 1:30 Play Wheel of Fortune (HH)
 2:30 Happy Hour & Pokeno (Like Bingo) (HP3)
 3:30 Bowling on the Big Screen
 4:00 Resident Rosary Prayer (ES)
 6:30 Shoot Pool (CR3)

2

10:00 Exercise - Stretch Bands (HS1)
 10:00 Walmart/Hy-Vee Shopping - Register (B)
 11:30 Walking Club - Meet in Atrium
 1:00 Bible Study (CS2)
 1:00 Blackjack Card Game - Bring Dimes (HH)
 1:00 Lemonade in the Shade & Bring a Favorite Pic (Courtyard)
 2:00 Learn Line Dancing - Sit or Stand (ES)
 2:30 Beverages w/Cheese, Crackers & Cards (HP3)
 4:00 Resident Rosary Prayer (ES)

3

8:30 YMCA - Register in LifeLoop
 9:00 Men's Coffee Talk (CS2)
 10:00 Cardio Exercise (HS1)
 10:30 Scrabble Board Game - Resident-Led (DL)
 10:50 Pet Therapy w/Melody & Zoey (HS1)
 11:00 Rosary & Communion w/Norm (ES)
 1:00 Bingo Bananza (HH)
 1:00 Fareway Van Trip - Register (B)
 2:30 Shadow Lake Mall Bus Trip (HH)
 6:30 Game Night (CS2)

4

10:00 Tai Chi & Cardio (HS1)
 11:30 Walking Club - Meet in Atrium (AT)
 1:00 Dominoes (DL)
 1:00 Paint & Sip - Purple Flowers (CS2)
 3:00 Celebrate Birthdays (HH)
 4:00 Resident Rosary Prayer (ES)
 6:30 Discuss Favorite Recipes (CD)

5

8:30 YMCA Yoga - Register In LifeLoop (B)
 10:00 Cardio & Yoga Outside (HS1)
 10:00 Ladies Coffee (HH)
 11:00 LifeLoop Training (HH)
 1:00 Active Hearing - 1st Come, 1st Served (Sutherland Conf Rm)
 1:00 Bunco Dice Game w/Steve (DL)
 1:00 Pitch Card Game (3rd Floor) (CR3)
 1:30 Movie: "Adaptation" (BT)
 4:00 Resident Rosary Prayer (ES)

6

10:30 Cribbage - Resident-Led (HS1)
 1:30 Pokeno (Like Bingo) - Resident-Led (HH)
 2:30 Bridge Card Game - Resident-Led (HS1)
 2:30 Dime Blackjack Card Game w/Bob & Jack (HH)
 2:30 Scrabble Board Game - Resident-Led (DL)
 3:30 Cornhole Game on the Patio - Resident Led (AT)
 6:00 Movie: "Airplane!" (BT)

Key:

A=Atrium
 B=Bus
 BT=Bravo Theater
 CR=Cameron's Restaurant
 CR3=Club Room, 3rd Fl.
 CS2=Creation Station, 2nd Fl.
 DL=Drummond's Lounge
 DR=Drummond's Restaurant
 ES=Exercise Studio
 FG=Fitness Gym
 HH=Highlands Hall
 HP3=Highview Pub, 3rd Fl.
 SAR=St. Andrew's Room

Pub Hours:

Sun. Closed
 Mon. 2:30-4:30 p.m.
 Tues. 2:30-4:30p.m.
 Wed. Closed
 Thu. 4:00-6:30 p.m.
 Fri. 4:00-6:30 p.m.
 Sat. 3:30-6:00 p.m.

7

9:45 Catholic Communion Service (ES)
 10:30 Gentle Exercise (HS1)
 1:00 Bridge Card Game - Resident-Led (DL)
 1:00 Canasta Card Game - Resident-Led (DL)
 2:00 Movie: "The Bourne Identity" (BT)
 3:30 Ladies Coffee & Laughs (HS1)

8

8:30 YMCA Aqua - Register in LifeLoop (B)
 9:15 Prayer Circle (ES)
 10:00 Chair Tai Chi/Cardio (HS1)
 10:30 Catholic Mass w/Father Vince (ES)
 10:30 Craft: Q-Tip Daisies (HS1)
 10:30 Fun Trivia w/Mike R. (BT)
 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)
 1:30 Presentation by Laura: How Food Affects the Brain (BT)
 2:30 Happy Hour & Pokeno Game (HP3)
 3:30 Bowling on the Big Screen
 3:30 Pet Therapy w/Sandy & Darby (HS1)
 4:00 Resident Rosary Prayer (ES)
 6:30 Shoot Pool (CR3)

9

10:00 Exercise - Stretch Bands (HS1)
 10:00 Walmart/Hy-Vee Shopping - Register (B)
 11:00 Jessica w/Timeless Apparel (AT)
 11:30 Walking Club - Meet in Atrium
 1:00 Bible Study (CS2)
 1:00 Blackjack Card Game - Bring Dimes (HH)
 1:00 Monthly Book Club (DL)
 1:30 Sing-Along w/Chaplain Mary (CS2)
 2:00 Learn Line Dancing - Sit or Stand (ES)
 4:00 Resident Rosary Prayer (ES)
 6:30 Dementia Support Group (HH)

10

8:30 YMCA - Register in LifeLoop
 9:00 Men's Coffee Talk (CS2)
 10:00 Cardio Exercise (HS1)
 10:30 Scrabble Board Game - Resident-Led (DL)
 10:50 Pet Therapy w/Melody & Zoey (HS1)
 11:00 Rosary & Communion w/Norm (ES)
 1:00 Bingo Bonanza (HH)
 1:00 Fruit Creation: Making Fruit Dip (HS1)
 2:00 Bible Study w/Pastor Jerry (HH)
 2:00 Entertainer: George & the Jrs
 3:00 Iced Tea Day on the Patio (AT)
 6:30 Game Night (CS2)

11

10:00 Tai Chi & Cardio (HS1)
 10:30 Poems & Popsicles (HS1)
 11:30 Walking Club - Meet in Atrium (AT)
 1:00 Dominoes (DL)
 1:00 Lifelong Learning (Mike Talk): "The History of Justice... What's Your Verdict?" (BT)
 2:30 Mouthwatering Malts (HH)
 4:00 Resident Rosary Prayer (ES)

12

8:30 YMCA Yoga - Register In LifeLoop (B)
 10:00 Cardio & Yoga Outside (HS1)
 10:00 Ladies Coffee (HH)
 11:00 LifeLoop Training on Devices (HH)
 1:00 Bunco Dice Game w/Steve (DL)
 1:00 Pitch Card Game (3rd Floor) (CR3)
 1:30 Movie: "The Bucket List" (BT)
 4:00 Resident Rosary Prayer (ES)
 6:30 UNO Card Game - Resident Led (HS1)

13


10:30 Cribbage - Resident-Led (HS1)
 1:30 Pokeno (Like Bingo) - Resident-Led (HH)
 2:30 Bridge Card Game - Resident-Led (HS1)
 2:30 Dime Blackjack Card Game w/Bob & Jack (HH)
 2:30 Scrabble Board Game - Resident-Led (DL)
 3:30 Ladder Ball Game on the Patio - Resident-Led (AT)
 6:00 Movie: "Funny Farm" (BT)
 6:30 Shuffleboard (SAR)

Birthdays:

9th - Pam H.
 19th - Janet R.

National Days:

10th - Iced Tea Day
 14th - Flag Day
 19th - Juneteenth
 21st - Father's Day
 23rd - Pink Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Catholic Communion Service (ES) 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "High Crimes" (BT) 3:30 Patio Time - Enjoy the Sun (HS1)	8:30 YMCA Aqua - Register in LifeLoop (B) 9:15 Prayer Circle (ES) 10:00 Chair Tai Chi/Cardio (HS1) 10:00 Soda Pop Art Project w/Laura - Register (CS2) 10:30 Fun Trivia w/Mike R. (BT) 11:00 Film Committee (Conference Room) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Happy Hour & Pokeno Game (HP3) 3:30 Bowling on the Big Screen 3:30 BUS TRIP: Ross Dress For Less - Register 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	9:30 Movement & Exercise (HS1) 10:00 Exercise - Stretch Bands (HS1) 10:00 Fraser Community Meeting (HS1) 10:00 Walmart/Hy-Vee Shopping - Register (B) 11:30 Exercise Chair Yoga (HS1) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 1:00 Iced Tea & Memory Lane 2:00 Learn Line Dancing - Sit or Stand (ES) 2:00 Resurrection Church Bible Study (CS2) 4:00 Resident Rosary Prayer (ES)	1:00 Bingo Bonanza w/Michele 8:30 YMCA - Register in LifeLoop 9:00 Men's Coffee Talk (CS2) 10:00 Cardio Exercise (HS1) 10:30 Presentation by Jessica (BT) 10:30 Scrabble Board Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza w/Michele (HH) 1:00 Fareway Grocery Store Van Trip - Register (B) 6:30 Game Night (CS2)	10:00 Tai Chi & Cardio (HS1) 11:30 Walking Club - Meet in Atrium (AT) 1:00 Dominoes (DL) 1:00 Make Dessert for Fire Dept. (CS2) 4:00 Resident Rosary Prayer (ES) 6:30 Trivia (CD)	8:30 YMCA Yoga - Register In LifeLoop (B) 9:00 BUS TRIP: Men's Outing to Summer Kitchen - Register (B) 9:30 Beach Volleyball - 3rd Fridays (ES) 10:00 Cardio & Yoga Outside (HS1) 10:00 Ladies Coffee (HH) 11:00 LifeLoop 101 Class (HH) 1:00 Bunco Dice Game w/Steve (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Inside Man" (BT) 2:00 BY REQUEST: Music w/ Lindsey & Mike (HH) 4:00 Father's Day Beer & Brats (HH) 4:00 Resident Rosary Prayer (ES)	10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Cornhole Game on the Patio - Resident Led (AT) 6:00 Movie: "Just Like Heaven" (BT) 6:30 Shuffleboard (SAR)
9:45 Catholic Communion Service (ES) 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "The Manchurian Candidate" (BT) 3:30 Ladies Coffee & Laughs (HS1)	8:30 YMCA Aqua - Register in LifeLoop (B) 9:15 Prayer Circle (ES) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Catholic Mass w/Father Vince (ES) 10:30 Craft: Glitter Hair Clip (HS1) 10:30 Fun Trivia w/Mike R. (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Happy Hour & Pokeno Game (HP3) 3:30 Bowling on the Big Screen 3:30 Pet Therapy w/Sandy & Darby (HS1) 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	AD WEAR PINK DAY 10:00 Exercise - Stretch Bands (HS1) 10:00 Walmart/Hy-Vee Shopping - Register (B) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 1:00 Watermelon & Water Gazing (Courtyard) 2:00 Learn Line Dancing - Sit or Stand (ES) 4:00 Resident Rosary Prayer (ES)	8:30 YMCA - Register in LifeLoop 9:00 Men's Coffee Talk (CS2) 10:30 Scrabble Board Game - Resident-Led (DL) 10:50 Pet Therapy w/Melody & Zoey (HS1) 11:00 Cardio & Cooldown Yoga 11:00 Rosary & Communion w/Norm (ES) 1:00 Bingo Bonanza (BT) 2:00 Bible Study w/Pastor Jerry (CS2) 6:30 Game Night (CS2)	10:00 Tai Chi & Cardio (HS1) 11:30 Walking Club - Meet in Atrium (AT) 1:00 Bunco (DL) 1:00 Dominoes (DL) 1:00 WarHorse Casino - Register (B) 2:00 Bake & Take: Warm Blueberry Cheesecake Dip (HS1) 3:00 Shuffleboard & Soda (SAR) 4:00 Resident Rosary Prayer (ES)	8:30 YMCA Yoga - Register In LifeLoop (B) 10:00 Cardio & Yoga Outside (HS1) 10:00 Ladies Coffee (HH) 11:00 LifeLoop Training on Devices (HH) 1:00 Bunco Dice Game w/Steve (DL) 1:00 Pitch Card Game (3rd Floor) (CR3) 1:30 Movie: "Nothing But Trouble" (BT) 4:00 Resident Rosary Prayer (ES) 4:30 Summer BBQ & Entertainer: Ground Zero	10:30 Cribbage - Resident-Led (HS1) 1:30 Pokeno (Like Bingo) - Resident-Led (HH) 2:30 Bridge Card Game - Resident-Led (HS1) 2:30 Dime Blackjack Card Game w/Bob & Jack (HH) 2:30 Scrabble Board Game - Resident-Led (DL) 3:30 Croquet Game on the Patio - Resident-Led (AT) 6:00 Movie: "Rainbow Valley" (BT)
9:45 Catholic Communion Service (ES) 10:30 Gentle Exercise (HS1) 1:00 Bridge Card Game - Resident-Led (DL) 1:00 Canasta Card Game - Resident-Led (DL) 2:00 Movie: "Walk The Line" (BT) 3:30 Ladies Coffee & Laughs (HS1)	8:30 YMCA Aqua - Register in LifeLoop (B) 9:15 Prayer Circle (ES) 10:00 Chair Tai Chi/Cardio (HS1) 10:30 Craft: Floral Pipe Cleaner Headband (HS1) 10:30 Fun Trivia w/Mike R. (BT) 1:00 Pitch Card Game w/Mike (3rd Floor) (CR3) 2:30 Happy Hour & Pokeno Game (HP3) 3:30 Bowling on the Big Screen 4:00 Resident Rosary Prayer (ES) 6:30 Shoot Pool (CR3)	10:00 Exercise - Stretch Bands (HS1) 10:00 Exercise Bands (HS1) 10:00 Walmart/Hy-Vee Shopping - Register (B) 10:30 Resin Coasters (HS1) 11:30 Walking Club - Meet in Atrium 1:00 Bible Study (CS2) 1:00 Blackjack Card Game - Bring Dimes (HH) 1:00 Iced Tea and Word Search (HS1) 2:00 Learn Line Dancing - Sit or Stand (ES) 4:00 Resident Rosary Prayer (ES)			<h1>June 2026</h1> <h2>Fraser Apartments Assisted Living</h2> 	

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