

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>June 2026</p> <p>Sutherland Apartments Independent Living</p> 	<p>8:30 YMCA Aqua - Register in LifeLoop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:30 Craft: Paper Tuxedo Candy Holder (HS1)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>1:30 Play Wheel of Fortune (HH)</p> <p>2:30 Pokeno (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing - Sit or Stand (ES)</p> <p>2:30 Beverages w/Cheese, Crackers & Cards (HP3)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA - Register in LifeLoop (B)</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bananza (HH)</p> <p>1:00 Fareway Van Trip - Register (B)</p> <p>2:30 Shadow Lake Mall Bus Trip (HH)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Dominoes (DL)</p> <p>1:00 Paint & Sip - Purple Flowers (CS2)</p> <p>3:00 Celebrate Birthdays (HH)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B)</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>11:00 LifeLoop Training (HH)</p> <p>1:00 Active Hearing - 1st Come, 1st Served (Sutherland Conf Rm)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>1:30 Movie: "Adaptation" (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Chair Yoga - Resident-Led (HS1)</p> <p>1:30 Pokeno (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Cornhole Game on the Patio - Resident Led (AT)</p> <p>6:00 Movie: "Airplane!" (BT)</p>
	<p>9:30 Gentle Exercise (HS1)</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "The Bourne Identity" (BT)</p>	<p>8:30 YMCA Aqua - Register in LifeLoop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:30 Catholic Mass w/Father Vince (ES)</p> <p>10:30 Craft: Q-Tip Daisies (HS1)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>1:30 Discussion w/Laura: How Food Affects Your Brain (BT)</p> <p>2:30 Pokeno Game (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:00 Jessica w/Timeless Apparel (AT)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>1:00 Monthly Book Club (DL)</p> <p>1:30 Sing-Along w/Chaplain Mary (CS2)</p> <p>2:00 Learn Line Dancing - Sit or Stand (ES)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Dementia Support Group (HH)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA - Register in LifeLoop (B)</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>1:00 Fruit Creation: Making Fruit Dip (HS1)</p> <p>2:00 Bible Study w/Pastor Jerry (HH)</p> <p>2:00 Entertainer: George & the Jrs</p> <p>3:00 Iced Tea Day on the Patio (AT)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Dominoes (DL)</p> <p>1:00 Lifelong Learning (Mike Talk): "The History of Justice... What's Your Verdict?" (BT)</p> <p>2:30 Mouthwatering Malts (HH)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B)</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>11:00 LifeLoop Training on Devices (HH)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>1:30 Movie: "The Bucket List" (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>

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A=Atrium
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 BT=Bravo Theater
 CR=Cameron's Restaurant
 CR3=Club Room, 3rd Floor
 CS2=Creation Station, 2nd Floor
 DL=Drummond's Lounge
 DR=Drummond's Restaurant
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 HH=Highlands Hall
 HP3=Highview Pub, 3rd Floor
 SAR=St. Andrew's Room

Pub Hours:

Sun. Closed
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 Tues. 2:30-4:30 p.m.
 Wed. Closed
 Thu. 4:00-6:30 p.m.
 Fri. 4:00-6:30 p.m.
 Sat. 3:30-6:00 p.m.

<p>9:30 Gentle Exercise (HS1)</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "The Bourne Identity" (BT)</p>	<p>8:30 YMCA Aqua - Register in LifeLoop (B)</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:30 Catholic Mass w/Father Vince (ES)</p> <p>10:30 Craft: Q-Tip Daisies (HS1)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>1:30 Discussion w/Laura: How Food Affects Your Brain (BT)</p> <p>2:30 Pokeno Game (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:00 Jessica w/Timeless Apparel (AT)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>1:00 Monthly Book Club (DL)</p> <p>1:30 Sing-Along w/Chaplain Mary (CS2)</p> <p>2:00 Learn Line Dancing - Sit or Stand (ES)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Dementia Support Group (HH)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA - Register in LifeLoop (B)</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (HH)</p> <p>1:00 Fruit Creation: Making Fruit Dip (HS1)</p> <p>2:00 Bible Study w/Pastor Jerry (HH)</p> <p>2:00 Entertainer: George & the Jrs</p> <p>3:00 Iced Tea Day on the Patio (AT)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Dominoes (DL)</p> <p>1:00 Lifelong Learning (Mike Talk): "The History of Justice... What's Your Verdict?" (BT)</p> <p>2:30 Mouthwatering Malts (HH)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B)</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>11:00 LifeLoop Training on Devices (HH)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>1:30 Movie: "The Bucket List" (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Chair Yoga - Resident-Led (HS1)</p> <p>1:30 Pokeno (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Ladder Ball Game on the Patio - Resident-Led (AT)</p> <p>6:00 Movie: "Funny Farm" (BT)</p> <p>6:30 Shuffleboard (SAR)</p>
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Birthdays:

7th - Roy B.
 15th - Glenda L.
 16th - Norma W.
 19th - Leslie H.
 25th - Larry M.

National Days:

10th - Iced Tea Day
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 21st - Father's Day
 23rd - Pink Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Gentle Exercise (HS1) 14</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "High Crimes" (BT)</p>	<p>8:30 YMCA Aqua - Register in LifeLoop (B) 15</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:00 Soda Pop Flower Art Project w/Laura - Register (CS2)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>11:00 Film Committee (Conference Room)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>2:30 Pokeno Game (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>3:30 BUS TRIP: Ross Dress For Less - Register (ES)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES) 16</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing - Sit or Stand (ES)</p> <p>2:00 Resurrection Church Bible Study (CS2)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>1:00 Bingo Bonanza w/Michele 17</p> <p>8:30 YMCA - Register in LifeLoop (B)</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:30 Presentation by Jessica (BT)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza w/Michele (HH)</p> <p>1:00 Fareway Grocery Store Van Trip - Register (B)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music (ES) 18</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Dominoes (DL)</p> <p>1:00 Make Dessert for Fire Dept. (CS2)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B) 19</p> <p>9:00 BUS TRIP: Men's Outing to Summer Kitchen - Register (B)</p> <p>9:30 Beach Volleyball - 3rd Fridays (ES)</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>11:00 LifeLoop 101 Class (HH)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>1:30 Movie: "Inside Man" (BT)</p> <p>2:00 BY REQUEST: Music w/Lindsey & Mike (HH)</p> <p>4:00 Father's Day Beer & Brats (HH)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Shoot Pool (CR3)</p>	<p>9:30 Chair Yoga - Resident-Led (HS1) 20</p> <p>1:30 Pokeno (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Cornhole Game on the Patio - Resident Led (AT)</p> <p>6:00 Movie: "Just Like Heaven" (BT)</p> <p>6:30 Shuffleboard (SAR)</p>
<p>9:30 Gentle Exercise (HS1) 21</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "The Manchurian Candidate" (BT)</p> <p>4:00 Let's Play Darts (SAR)</p>	<p>8:30 YMCA Aqua - Register in LifeLoop (B) 22</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:30 Catholic Mass w/Father Vince (ES)</p> <p>10:30 Craft: Glitter Hair Clip (HS1)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>2:30 Pokeno Game (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>AD WEAR PINK DAY 23</p> <p>9:30 Exercise Bands w/Chris (ES)</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>11:00 Pickleball Lessons</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing - Sit or Stand (ES)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>8:30 YMCA - Register in LifeLoop (B) 24</p> <p>9:00 Men's Coffee Talk (CS2)</p> <p>9:30 Tai Chi for Balance (ES)</p> <p>10:00 Community Meeting (HH)</p> <p>10:30 Hillcrest Travel Club Planning Meeting (B)</p> <p>10:30 Scrabble Board Game - Resident-Led (DL)</p> <p>11:00 Rosary & Communion w/Norm (ES)</p> <p>1:00 Bingo Bonanza (BT)</p> <p>2:00 Bible Study w/Pastor Jerry (CS2)</p> <p>6:30 Game Night (CS2)</p>	<p>9:30 Cardio Drumming w/Music (ES) 25</p> <p>10:00 Mah Jongg (CR3)</p> <p>11:30 Walking Club - Meet in Atrium (AT)</p> <p>1:00 Bunco (DL)</p> <p>1:00 Dominoes (DL)</p> <p>1:00 WarHorse Casino - Register (B)</p> <p>2:00 Bake & Take: Warm Blueberry Cheesecake Dip (HS1)</p> <p>3:00 Shuffleboard & Soda (SAR)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Golf - Resident Led (SAR)</p>	<p>8:30 YMCA Yoga - Register In LifeLoop (B) 26</p> <p>9:30 Yoga (ES)</p> <p>10:00 Ladies Coffee (HH)</p> <p>11:00 Life Loop Training (HH)</p> <p>11:00 LifeLoop Training on Devices (HH)</p> <p>1:00 Bunco Dice Game w/Steve (DL)</p> <p>1:00 Pitch Card Game (3rd Floor) (CR3)</p> <p>1:30 Movie: "Nothing But Trouble" (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>4:30 Summer BBQ & Entertainer: Ground Zero</p>	<p>9:30 Chair Yoga - Resident-Led (HS1) 27</p> <p>1:30 Pokeno (Like Bingo) - Resident-Led (HH)</p> <p>2:30 Bridge Card Game - Resident-Led (HS1)</p> <p>2:30 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:30 Scrabble Board Game - Resident-Led (DL)</p> <p>3:30 Croquet Game on the Patio - Resident-Led (AT)</p> <p>6:00 Movie: "Rainbow Valley" (BT)</p>
<p>9:30 Gentle Exercise (HS1) 28</p> <p>9:45 Catholic Communion Service (ES)</p> <p>1:00 Bridge Card Game - Resident-Led (DL)</p> <p>1:00 Canasta Card Game - Resident-Led (DL)</p> <p>2:00 Movie: "Walk The Line" (BT)</p> <p>4:00 Shuffleboard - Resident-Led (SAR)</p>	<p>8:30 YMCA Aqua - Register in LifeLoop (B) 29</p> <p>9:15 Prayer Circle (ES)</p> <p>9:30 Hand Weights (ES)</p> <p>10:30 Craft: Floral Pipe Cleaner Headband (HS1)</p> <p>10:30 Fun Trivia w/Mike R. (BT)</p> <p>1:00 Pitch Card Game w/Mike (3rd Floor) (CR3)</p> <p>2:30 Pokeno Game (Like Bingo) (HP3)</p> <p>3:30 Bowling on the Big Screen (BT)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Shoot Pool (CR3)</p>	<p>9:30 Exercise Bands w/Chris (ES) 30</p> <p>10:00 Mah Jongg (CR3)</p> <p>10:00 Walmart/Hy-Vee Shopping - Register (B)</p> <p>10:30 Resin Coasters (HS1)</p> <p>11:30 Walking Club - Meet in Atrium</p> <p>1:00 Bible Study (CS2)</p> <p>1:00 Dime Blackjack Card Game w/Bob & Jack (HH)</p> <p>2:00 Learn Line Dancing - Sit or Stand (ES)</p> <p>4:00 Resident Rosary Prayer (ES)</p> <p>6:30 Let's Play Darts (SAR)</p>	<p>June 2026</p> <p>Sutherland Apartments</p> <p>Independent Living</p> 			

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