

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>July 2026</h1> <h2>MacKinnon Lifestyle Calendar</h2>			10:00am Time for Trivia 1 10:30am Tai Chi for Balance 11:15am Pet Therapy w/Melody & Zoey 12:30pm Pokeno Game 2:00pm Trivia Game w/St. Pat's Youth Group 6:00pm UNO Card Game	10:00am Yarn Art Sunset 2 10:30am Cardio Drumming 11:00am Karaoke w/the Oldies 2:00pm Birthday Celebration: America's 250th, Hillcrest Highlands' 2nd & Resident B-days 2:00pm Entertainer: Dan Reynolds 6:00pm Time for Trivia	10:30am Chair Yoga 3 1:00pm 1940s Music Bingo! 6:00pm Movie & Popcorn	10:00am Music & Movement 4 10:30am Watermelon Star Cutouts 12:30pm Water Flowers in Garden Box & Outside MC 3:00pm Blackjack 6:00pm Storytelling / Threading
10:15am Catholic Communion 5 10:30am LCR Dice Game 1:00pm Balloon Volleyball 1:00pm Puzzle Time 2:00pm Brain Game w/Snack Time 6:00pm Go Fish	9:30am Brain Game 6 10:30am Interactive TV 10:30am Mani Monday 10:30am Strength & Balance 2:30pm Pet Therapy w/Carol O. 3:00pm Simple Sensory Collage Making 4:00pm Go Fish!	10:00am Excersie & Stretch 7 12:30pm Painting Hour 2:00pm Karaoke 2:30pm Baking Club	10:00am Time for Trivia 8 10:30am Tai Chi for Balance 11:15am Pet Therapy w/Melody & Zoey 12:30pm Pokeno Game 1:00pm Bible Study w/Pastor Jerry 2:30pm Nutter Butter Cookie Flip-Flop Snack	10:00am Brain Game 9 10:30am Cardio Drumming 11:00am Baking Session: Homemade Peanut Butter Dog Treats 2:00pm Lifelong Learning (Mike Talk): "The History of Justice... What's Your Verdict?" 2:00pm Wine & Coloring	10:00am Scenic Drive 10 10:30am Chair Yoga 1:00pm 1950s Music Bingo! 6:00pm Movie & Popcorn	10:00am Music & Movement 11 12:30pm Water Flowers in Garden Box & Outside MC
10:15am Catholic Communion 12 10:30am LCR Dice Game 1:00pm Balloon Volleyball 2:00pm Brain Game w/Snack Time	9:00am Podiatry Services (Register) 13 9:30am Brain Game 10:30am Interactive TV 10:30am Strength & Balance 2:30pm Pet Therapy w/Carol O. 3:00pm Colorful Tissue Paper Flower Craft 4:00pm Go Fish!	10:00am Excersie & Stretch 14 12:30pm Painting Hour 2:00pm Karaoke 2:30pm Baking Club 3:00pm LCR Dice Game 6:30pm Dementia Support Group	10:00am Time for Trivia 15 10:30am Tai Chi for Balance 11:15am Pet Therapy w/Melody & Zoey 12:30pm Pokeno Game 3:00pm Classic Word Search Puzzle Challenge	10:00am Brain Game 16 10:30am Cardio Drumming 12:30pm LCR Dice Game 2:00pm Wine & Coloring	10:00am HUGE Bubbles Outside 17 10:30am Chair Yoga 1:00pm 1960s Music Bingo! 2:30pm Movie & Popcorn	10:00am Music & Movement 18 12:30pm Water Flowers in Garden Box & Outside MC
10:15am Catholic Communion 19 10:30am LCR Dice Game 1:00pm Balloon Volleyball 2:00pm Brain Game w/Snack Time	9:30am Brain Game 20 10:30am Interactive TV 10:30am Mani Monday 10:30am Strength & Balance 2:30pm Pet Therapy w/Carol O. 3:00pm Tropical Finger Painting: Pineapple Art Session 4:00pm Go Fish!	10:00am Excersie & Stretch 21 12:30pm Painting Hour 2:00pm Karaoke 2:30pm Baking Club	10:00am Time for Trivia 22 10:30am Tai Chi for Balance 11:15am Pet Therapy w/Melody & Zoey 12:30pm Pokeno Game 1:00pm Bible Study w/Pastor Jerry 3:00pm Entertainer: Dick Keiser	10:00am Brain Game 23 10:30am Cardio Drumming 12:30pm Paint & Sip 2:00pm Ice Cream Sundaes	10:00am Scenic Drive 24 10:30am Chair Yoga 1:00pm 1970s Music Bingo! 2:30pm Movie & Popcorn	10:00am Music & Movement 25 12:30pm Water Flowers in Garden Box & Outside MC
10:15am Catholic Communion 26 10:30am LCR Dice Game 1:00pm Balloon Volleyball 2:00pm Brain Game w/Snack Time	9:30am Brain Game 27 10:30am Interactive TV 10:30am Strength & Balance 2:30pm Pet Therapy w/Carol O. 3:00pm Floral Fabric Wreath Making 4:00pm Go Fish!	10:00am Excersie & Stretch 28 12:30pm Painting Hour 2:00pm Baking Club w/St. Pat's Youth Group 2:00pm Karaoke	10:00am Time for Trivia 29 10:30am Tai Chi for Balance 11:15am Pet Therapy w/Melody & Zoey 12:30pm Pokeno Game 2:00pm Fruit Critter Snack	10:00am Brain Game 30 10:30am Cardio Drumming 2:00pm Wine & Coloring	10:30am Chair Yoga 31 1:00pm Elvis Music Bingo! 2:00pm BY REQUEST: Music w/Lindsey & Mike 3:30pm Nature-Inspired Poetry Writing Circle	