

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

			<p>1 9:30 Yoga Video 10:15 Pastor Jerry Visit 1:00 Town Hall Meeting 2:00 Bingo 3:30 Cornhole 6:00 Midweek Movie</p>	<p>2 9:30 Walking Club 10:00 Catholic Mass 11:00 Lunch Outing 1:00 Music – Rings & Strings 2:00 Soft Serve Ice Cream 3:00 All About the Declaration of Independence</p>	<p>3 10:00 Exercise Video 1:00 Outing – Hy-Vee 3:00 Fourth of July Party</p>	<p>4 9:30 Walking Club 10:00 Daily Chronicle & Puzzle Pack Pickup 2:00 Bingo</p>
<p>5 9:00 Catholic Communion 10:30 Virtual Church Heritage Hill Church 1:00 In Person Church United Methodist Church 2:30 Walking Club</p>	<p>6 10:00 Exercise Video 1:00 Ball Drumming 2:00 Bingo 3:30 Virtual Tour 6:00 Monday Night Movie</p>	<p>7 10:00 Stretching Video 1:00 Pitch 1:00 Kings in the Corner 2:00 Soft Serve Ice Cream 3:15 Bible Study – Pastor Jerry</p>	<p>8 9:30 Chair Yoga – Jen 10:30 Who Am I? 1:00 Resident Advisory Committee 2:00 Bingo 3:30 Tabletop Shuffleboard 6:00 Midweek Movie</p>	<p>9 9:30 Walking Club 10:00 Catholic Communion 1:00 Craft Time – Nancy 2:00 Soft Serve Ice Cream 3:00 Happy Hour</p>	<p>10 10:00 Exercise Video 1:30 Fall Prevention – Jacey 2:30 Wii</p>	<p>11 9:30 Walking Club 10:00 Daily Chronicle & Puzzle Pack Pickup 2:00 Bingo</p>
<p>12 9:00 Catholic Communion 10:30 Virtual Church Heritage Hill Church 1:00 In Person Church United Methodist Church 2:30 Walking Club</p>	<p>13 9:30 Exercise Video 1:00 Hymn Sing-Along 2:00 Bingo 3:30 Virtual Tour 6:00 Monday Night Movie</p>	<p>14 10:00 Stretching Video 1:00 Pitch 1:00 UNO 2:00 Soft Serve Ice Cream 3:30 Tabletop Bowling</p>	<p>15 9:30 Chair Yoga – Jen 10:15 Pastor Jerry Visit 11:00 Lunch Outing 2:00 Bingo 3:30 Duck Hunting 6:00 Midweek Movie</p>	<p>16 9:30 Walking Club 10:00 Catholic Mass 1:00 Fontenelle Forest Visit 2:00 Soft Serve Ice Cream 3:00 Craft Time</p>	<p>17 10:00 Exercise 1:00 Outing – Springfield Soda Shoppe 3:00 Happy Hour</p>	<p>18 9:30 Walking Club 10:00 Daily Chronicle & Puzzle Pack Pickup 2:00 Bingo</p>
<p>19 9:00 Catholic Communion 10:30 Virtual Church Heritage Hill Church 1:00 In Person Church United Methodist Church 2:30 Walking Club</p>	<p>20 9:30 Shopping at Fareway 1:00 Ball Drumming 2:00 Bingo 3:30 Virtual Tour 6:00 Monday Night Movie</p>	<p>21 10:00 Stretching Video 1:00 Pitch 1:00 Left Center Right 2:00 Soft Serve Ice Cream 3:15 Bible Study – Pastor Jerry</p>	<p>22 9:30 Chair Yoga – Jen 10:15 Pastor Jerry Visit 11:00 Lunch Outing with a Durham Visit 2:00 Bingo 3:30 Putt-Putt Golf 6:00 Midweek Movie</p>	<p>23 9:30 Walking Club 10:00 Catholic Communion 1:00 Summer Fun Show & Tell 2:00 Soft Serve Ice Cream 3:00 Happy Hour</p>	<p>24 10:00 Exercise 1:00 Wii 3:00 Bingo</p>	<p>25 9:30 Walking Club 10:00 Daily Chronicle & Puzzle Pack Pickup 11:00-1:00 Gretna Days Hot Dog Feed (South Lot) 11:00 Music – John Beck 12:00 Music – Ben Tomasello with Merrymakers</p>
<p>26 9:00 Catholic Communion 10:30 Virtual Church Heritage Hill Church 1:00 In Person Church United Methodist Church 2:30 Walking Club</p>	<p>27 9:30 Shopping at Walmart 1:00 Ball Drumming 2:00 Bingo 3:30 Virtual Tour 6:00 Monday Night Movie</p>	<p>28 10:00 Stretching Video 1:00 Pitch 1:00 Skip-Bo 2:00 Soft Serve Ice Cream 3:30 Trivia Time</p>	<p>29 9:30 Chair Yoga – Jen 10:15 Pastor Jerry Visit 2:00 Bingo 3:30 Ring Toss 6:00 Midweek Movie</p>	<p>30 9:30 Walking Club 10:00 Catholic Communion 1:00 Spelling Bee 2:00 Soft Serve Ice Cream 3:00 Happy Hour</p>	<p>31 10:00 Exercise 1:00 Outing – Wal-Mart 3:00 Bingo</p>	

Activities are subject to change. Please contact Ronda Sprague with any questions: (402) 332-4280 or rsprague@hillcresthealth.com.