

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

Langdon House

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		Key AL: Assisted Living		Meal/Snack Schedule 10:00 Hydration 11:30 Lunch 2:00 Snack 4:30 Dinner 6:00 Snack		1 9:30 I:I Visits Coffee, Conversation & Chronicles PM: Exercise Bingo Board Games EV: "Little House on the Prairie"		2 AM: 10:00 Catholic Mass (AL) Coffee, Conversation & & Chronicles PM: Exercise Happy Hour Sing-Along EV: TCM Channel		3 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Ice Cream Time Fourth of July Party EV: Friday Night Movie		4 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Afternoon Movie 6:30 "Lawrence Welk" (Ch. 12)	
5 AM: I:I Visits 10:30 Heritage Hill Virtual Church (YouTube) PM: Movie EV: Relaxing Music I:I Visits		6 AM: I:I Visits 10:30 Worship & Praise PM: Exercise Nail Care Ring Toss EV: Relaxing Music I:I Visits		7 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Brain Games Tuesday Trivia EV: Adult Coloring		8 9:30 Scenic Drive 11:15 Pastor Jerry Visit PM: Exercise Bingo Cornhole EV: "Little House on the Prairie"		9 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Happy Hour Sing-Along EV: TCM Channel		10 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Ice Cream Time Cornhole EV: Friday Night Movie		11 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Afternoon Movie 6:30 "Lawrence Welk" (Ch. 12)	
12 AM: I:I Visits 10:30 Heritage Hill Virtual Church (YouTube) PM: Movie EV: Relaxing Music I:I Visits		13 AM: I:I Visits 10:30 Worship & Praise PM: Exercise Nail Care Ring Toss E EV: Relaxing Music I:I Visits		14 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Brain Games Tuesday Trivia EV: Adult Coloring		15 9:30 I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Bingo Board Games EV: "Little House on the Prairie"		16 AM: 10:00 Catholic Mass (AL) Coffee, Conversation & & Chronicles PM: Exercise Happy Hour Sing-Along EV: TCM Channel		17 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Ice Cream Time Bowling EV: Friday Night Movie		18 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Afternoon Movie 6:30 "Lawrence Welk" (Ch. 12)	
19 AM: I:I Visits 10:30 Heritage Hill Virtual Church (YouTube) PM: Movie EV: Relaxing Music I:I Visits		20 AM: I:I Visits 10:30 Worship & Praise PM: Exercise Nail Care Ring Toss EV: Relaxing Music I:I Visits		21 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Brain Games Tuesday Trivia EV: Adult Coloring		22 9:30 Scenic Drive 11:15 Pastor Jerry Visit PM: Exercise Bingo Cornhole EV: "Little House on the Prairie"		23 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Happy Hour Sing-Along EV: TCM Channel		24 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Ice Cream Time Balloon Baseball EV: Friday Night Movie		25 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Afternoon Movie 6:30 "Lawrence Welk" (Ch. 12)	
26 AM: I:I Visits 10:30 Heritage Hill Virtual Church (YouTube) PM: Movie EV: Relaxing Music I:I Visits		27 AM: I:I Visits 10:30 Worship & Praise PM: Exercise Nail Care Ring Toss EV: Relaxing Music I:I Visits		28 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Brain Games Tuesday Trivia EV: Adult Coloring		29 9:30 I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Bingo Board Games EV: "Little House on the Prairie"		30 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Happy Hour Sing-Along EV: TCM Channel		31 AM: I:I Visits Coffee, Conversation & & Chronicles PM: Exercise Ice Cream Time Conversation Ball EV: Friday Night Movie			

Activities are subject to change. Please contact Ronda Sprague with any questions: (402) 332-4280 or rsprague@hillcresthealth.com.