

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 MacKinnon Lifestyle Calendar						10:00am Music & Movement 12:00pm Devotionals 1:00pm Balloon Volleyball 3:00pm Movie & Popcorn
9:45am Catholic Communion 10:00am Non-Denominational Church Service 1:00pm Balloon Volleyball 2:00pm Sundaes on Sundays 4:00pm Family Night Scrapbooking	9:30am Strength & Balance Exercise 10:00am Craft w/ Daycare 1:00pm Baking Hour 2:00pm Elvis Music Bingo 2:30pm Pet Therapy w/Carol O. 3:00pm Yahtzee 6:00pm "The Lawrence Welk Show"	9:30am Seated Exercise w/ Bands 10:00am Painting Class 1:00pm High Tea Party 2:00pm Karaoke 3:00pm Wheel of Fortune 6:00pm Puzzle Hour	9:30am Seated Tai Chi for Balance 10:00am Walking Club 10:30am Reading Hour 11:15am Pet Therapy w/Melody & Zoey 2:00pm Outing: Summer Ice Cream Cruise - Zesto 2:30pm Entertainer: Joe Cockson 3:30pm Celebrate Birthdays: Root Beer Floats 6:00pm Wine & Coloring	9:30am Cardio Drumming 10:30am Balloon Volleyball 12:30pm Sending Love: Greeting Cards 2:30pm Manicure Thursdays 2:30pm Men's Golf Hour 3:30pm Board Game: Trouble	9:30am Chair Yoga 10:00am Seated Soccer 1:00pm Audiology Services w/ Active Hearing 1:00pm Bingo 2:00pm Arm Chair Travel: Alaska 3:00pm Left, Right, Center (Dice Game) 6:00pm "The Lawrence Welk Show"	10:00am Music & Movement 12:00pm Devotionals 1:00pm Balloon Volleyball 3:00pm Movie & Popcorn
9:45am Catholic Communion 10:00am Non-Denominational Church Service 1:00pm Balloon Volleyball 2:00pm Sundaes on Sundays 4:00pm Family Night Scrapbooking	9:30am Strength & Balance Exercise 10:00am Craft w/ Daycare 1:00pm Baking Hour 2:00pm 1950s Music Bingo 2:30pm Pet Therapy w/Carol O. 3:00pm Yahtzee 6:00pm "The Lawrence Welk Show"	9:30am Seated Exercise w/ Bands 10:00am Painting Class 1:00pm High Tea Party 2:00pm Karaoke 3:00pm Wheel of Fortune 6:00pm Puzzle Hour 6:30pm Dementia Support Group	9:30am Seated Tai Chi for Balance 10:00am Walking Club 10:30am Reading Hour 11:15am Pet Therapy w/Melody & Zoey 1:00pm Bible Study w/Pastor Jerry 2:00pm Outing: Summer Ice Cream Cruise - Dairy Chef 3:30pm Music w/ Larry Marik 6:00pm Wine & Coloring	9:30am Cardio Drumming 10:30am Balloon Volleyball 12:30pm Volunteer: Project Linus 2:00pm Lifelong Learning (Mike Talk): C.S. Lewis on Suffering & Death 2:30pm Manicure Thursdays 2:30pm Men's Golf Hour 3:30pm Board Game: Connect 4	9:30am Chair Yoga 10:00am Seated Soccer 1:00pm Bingo 2:00pm Arm Chair Travel: Hawaii 3:00pm Left, Right, Center (Dice Game) 6:00pm "The Lawrence Welk Show"	10:00am Music & Movement 12:00pm Devotionals 1:00pm Balloon Volleyball 3:00pm Movie & Popcorn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45am Catholic Communion 10:00am Non-Denominational Church Service 1:00pm Balloon Volleyball 2:00pm Sundaes on Sundays 4:00pm Family Night Scrapbooking 16	9:30am Strength & Balance Exercise 10:00am Craft w/ Daycare 1:00pm Baking Hour 2:00pm 1960s Music Bingo 2:30pm Pet Therapy w/Carol O. 3:00pm Yahtzee 6:00pm "The Lawrence Welk Show" 17	9:30am Seated Exercise w/ Bands 10:00am Painting Class 1:00pm High Tea Party 2:00pm Karaoke 3:00pm Wheel of Fortune 6:00pm Puzzle Hour 18	9:30am Seated Tai Chi for Balance 10:00am Walking Club 10:30am Reading Hour 11:15am Pet Therapy w/Melody & Zoey 2:00pm Outing: Summer Ice Cream Cruise - Orange Leaf 6:00pm Wine & Coloring 19	9:30am Cardio Drumming 10:30am Balloon Volleyball 2:30pm Manicure Thursdays 2:30pm Men's Golf Hour 3:30pm Board Game: Sorry! 20	9:30am Chair Yoga 10:00am Seated Soccer 1:00pm Bingo 2:00pm Arm Chair Travel: Washington 3:00pm Left, Right, Center (Dice Game) 6:00pm "The Lawrence Welk Show" 21	10:00am Music & Movement 12:00pm Devotionals 1:00pm Balloon Volleyball 3:00pm Movie & Popcorn 22 Happy Birthday, Carol M!
9:45am Catholic Communion 10:00am Non-Denominational Church Service 1:00pm Balloon Volleyball 2:00pm Sundaes on Sundays 4:00pm Family Night Scrapbooking 23	9:30am Strength & Balance Exercise 10:00am Craft w/ Daycare 1:00pm Baking Hour 2:00pm 1970s Music Bingo 2:30pm Pet Therapy w/Carol O. 3:00pm Yahtzee 6:00pm "The Lawrence Welk Show" 24	9:30am Seated Exercise w/ Bands 10:00am Painting Class 1:00pm High Tea Party 2:00pm Karaoke 3:00pm Wheel of Fortune 6:00pm Puzzle Hour 25	9:30am Seated Tai Chi for Balance 10:00am Walking Club 10:30am Reading Hour 11:15am Pet Therapy w/Melody & Zoey 1:00pm Bible Study w/Pastor Jerry 2:00pm Outing: Summer Ice Cream Cruise - Runza 6:00pm Wine & Coloring 26	9:30am Cardio Drumming 10:30am Balloon Volleyball 2:30pm Manicure Thursdays 2:30pm Men's Golf Hour 3:30pm Board Game: Monopoly 27 Happy Birthday, Marilyn G!	9:30am Chair Yoga 10:00am Seated Soccer 1:00pm Bingo 2:00pm Arm Chair Travel: Oregon 2:00pm Music w/Lindsey & Mike 3:00pm Left, Right, Center (Dice Game) 6:00pm "The Lawrence Welk Show" 28	10:00am Music & Movement 12:00pm Devotionals 1:00pm Balloon Volleyball 3:00pm Movie & Popcorn 29
9:45am Catholic Communion 10:00am Non-Denominational Church Service 1:00pm Balloon Volleyball 2:00pm Sundaes on Sundays 4:00pm Family Night Scrapbooking 30	9:30am Strength & Balance Exercise 1:00pm Baking Hour 2:00pm Famous Faces Bingo 2:30pm Pet Therapy w/Carol O. 3:00pm Yahtzee 6:00pm "The Lawrence Welk Show" 31					National Days: 2nd - Ice Cream Sandwich Day 3rd - Watermelon Day 7th - Beer Day 10th - S'mores Day 15th - Julia Child's Birthday 24th - Waffle Day 25th - Banana Split Day