

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
● 9:45am Catholic Communion ● 10:00am Grandparents Day Brunch ● 10:00am Non-Denominational Church Service ● 1:00pm Balloon Volleyball 13	● 9:30am Strength & Balance Exercise ● 1:00pm Baking Hour ● 2:00pm 1950s Music Bingo ● 3:00pm Yahtzee ● 4:00pm 50s Sock Hop ● 4:30pm Entertainer: Joe Cockson ● 6:00pm "The Lawrence Welk Show" 14	● 9:30am Seated Exercise ● 10:00am 60s Tie Dye Event ● 1:00pm High Tea Party ● 3:00pm Wheel of Fortune ● 6:00pm Puzzle Hour 15	● 9:30am Seated Tai Chi for Balance ● 10:00am Walking Club ● 10:30am Reading Hour ● 5:00pm Entertainer: Art Righteous Bros ● 6:00pm Neb. vs. Creighton Volleyball Game ● 6:00pm Wine & Coloring 16	● 9:30am Cardio Drumming ● 10:30am Balloon Volleyball ● 2:30pm Manicure Thursdays ● 3:30pm Board Game 17	● 9:30am Chair Yoga ● 10:00am Seated Soccer ● 1:00pm Bingo ● 1:00pm THE PRICE IS RIGHT! ● 2:00pm Arm Chair Travel ● 2:00pm Ice Cream Truck Visit ● 6:00pm "The Lawrence Welk Show" ● 7:00pm Neb. vs. North Carolina Volleyball Game 18	● 10:00am Music & Movement ● 12:00pm Devotionals ● 1:00pm Balloon Volleyball ● 3:00pm Movie & Popcorn ● 5:00pm Husker Game Day Tailgate ● 6:15pm Neb. vs. North Dakota Football Game 19
● 9:45am Catholic Communion ● 10:00am Non-Denominational Church Service ● 12:00pm Neb. vs. Florida Gulf Coast Volleyball Game ● 1:00pm Balloon Volleyball 20	● 9:00am Podiatry Services ● 9:30am Strength & Balance Exercise ● 1:00pm Baking Hour ● 2:00pm 1960s Music Bingo ● 3:00pm Yahtzee ● 4:30pm Oktoberfest ● 6:00pm "The Lawrence Welk Show" 21	● 9:30am Seated Exercise ● 10:00am Painting Class ● Afternoon Help with Fall Decorating ● 1:00pm High Tea Party ● 3:00pm Wheel of Fortune ● 6:00pm Puzzle Hour 22	● 9:30am Seated Tai Chi for Balance ● 10:00am Walking Club ● 10:30am Reading Hour ● 1:00pm Bible Study w/Pastor Jerry ● 2:00pm Outing: Village Inn Pie Day ● 6:00pm Wine & Coloring 23	● 9:30am Cardio Drumming ● 10:30am Balloon Volleyball ● 2:30pm Manicure Thursdays ● 3:30pm Board Game 24	● 9:30am Chair Yoga ● 10:00am Seated Soccer ● 1:00pm Bingo ● 2:00pm Arm Chair Travel ● 6:00pm "The Lawrence Welk Show" ● 7:00pm Neb. vs. Rutgers Volleyball Game 25	● All Day Neb. vs Michigan State Football Game ● 10:00am Music & Movement ● 12:00pm Devotionals ● 1:00pm Balloon Volleyball ● 3:00pm Movie & Popcorn ● 8:00pm Neb. vs. Ohio State Volleyball Game 26
● 9:45am Catholic Communion ● 10:00am Non-Denominational Church Service ● 1:00pm Balloon Volleyball ● 3:00pm Sunday Sundae Bar 27	● 9:30am Strength & Balance Exercise ● 1:00pm Baking Hour ● 2:00pm 1970s Music Bingo ● 2:00pm Famous Faces Bingo ● 3:00pm Yahtzee ● 6:00pm "The Lawrence Welk Show" 28	● 9:30am Seated Exercise ● 10:00am Painting Class ● 1:00pm High Tea Party ● 3:00pm Wheel of Fortune ● 6:00pm Puzzle Hour 29	● 9:30am Seated Tai Chi for Balance ● 10:00am Walking Club ● 10:30am Reading Hour ● 3:00pm Entertainer: Red Raven Orchestra ● 6:00pm Wine & Coloring 30	Activity Types: ● Emotional ● Environmental ● Intellectual ● Medical ● Outings ● Physical ● Social ● Spiritual ● Vocational	Hillcrest Highlands OF GRETNA	