

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
     						
Monthly Observances 1st – Homemade Cookie Day 4th – Cinnamon Roll Day 5th – Blue Shirt Day 9th – Beer & Pizza Day 10th – Cake Decorating Day 12th – Columbus Day 16th – Mammography Day 16th – Boss Day	Monthly Observances 18th – Chocolate Cupcake Day 27th – American Beer Day 28th – First Responders Day 28th – Chocolate Day 29th – Cat Day 31st – Halloween 31st – Caramel Apple Day	Birthdays 11th – Michael W. 13th – US Navy 18th – Mark B. 19th – Marcia A. 19th – Cindy H. 23rd – Roberta H. 26th – Ethel S. 29th – Ken M.	Key BTN – Big Ten Network FSI – Fox Sports One BIG+ – Big Ten Network Plus PRIME – Amazon Prime (*) If Necessary	1 8:45 Chronicle 10:00 Watercolor Painting 10:45 Dice – Yahtzee 2:00 Pastor Jerry Visit 6:00 Volleyball – Nebraska vs. Penn State (BTN) 7:15 Football – Steelers vs. Browns (PRIME)	2 8:45 Chronicle 10:00 Balloon Tennis 10:45 Cards – UNO 11:30 Board Games – Resident Choice 2:30 Nebraska Football Tailgate	3 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie 6:00 Volleyball – Nebraska vs. Maryland TBA Football – Nebraska vs. Maryland
4 11:00 Independent Activities 12:00-6:00 NFL Football (FOX, CBS) 2:00 Bible Study 7:20 Football – Lions vs. Panthers (NBC)	5 8:45 Chronicle 10:00 Manicure 1:00 Beauty Shop 2:00 Cards – Resident Choice 7:15 Football – Falcons vs. Saints (ABC)	6 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Dice – Yahtzee 1:30 Matinee & Snacks – “The Monuments Men”	7 8:45 Chronicle 10:00 Coffee & Conversation 10:45 Bingo – Skutt Catholic Students 11:45 Cards – UNO 2:00 Movie – “Coal Miner’s Daughter”	8 8:45 Chronicle 10:00 Adult Coloring 10:45 Cards – UNO 1:30 Root Beer Float Social 5:30 Volleyball – Nebraska vs. Indiana (BTN) 7:15 Football – Buccaneers vs. Cowboys (PRIME)	9 8:45 Chronicle 10:00 Balloon Tennis 10:45 Walk & Rolls 1:30 Game – High Striker 2:30 Nebraska Football Tailgate	10 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie TBA Football – Nebraska vs. Indiana TBA Volleyball – Nebraska vs. Wisconsin (FOX)
11 11:00 Independent Activities 12:00-6:00 NFL Football (FOX, CBS) 2:00 Bible Study 7:20 Football – Ravens vs. Falcons (NBC)	12 8:45 Chronicle 10:00 Manicure 1:00 Beauty Shop 2:00 Dice – Yahtzee 2:45 Chips & Salsa Social 7:15 Football – Bills vs. Rams (ABC)	13 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Dice – Nix the Six 1:30 Matinee & Snacks – “Charlie Wilson’s War”	14 8:45 Chronicle 10:00 Coffee & Conversation 10:30 Balloon Tennis 11:15 Dice – Yahtzee 2:00 Bingo	15 8:45 Chronicle 10:30 Merrymakers – Dave Eames 2:00 Pastor Jerry Visit 7:00 Volleyball – Nebraska vs. Northwestern 7:15 Football – Seahawks vs. Broncos (PRIME)	16 8:45 Chronicle 10:00 Balloon Tennis 10:45 Table Game 1:30 Happy Hour 2:00 Resident Council 2:30 Nebraska Football Tailgate	17 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie TBA Volleyball – Nebraska vs. Purdue (BTN) TBA Football – Nebraska vs. Oregon
18 11:00 Independent Activities 12:00-6:00 NFL Football (FOX, CBS) 2:00 Bible Study 7:20 Football – Cowboys vs. Packers (NBC)	19 8:45 Chronicle 10:00 Manicures 10:45 Walk & Rolls 1:00 Beauty Shop 2:45 Cards – UNO 7:15 Football – Commanders vs. 49ers (ABC)	20 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Dice – Yahtzee 1:30 Matinee & Snacks – “The Pursuit of Happyness”	21 8:45 Chronicle 10:00 Coffee & Conversation 10:30 Cards – Resident Choice 11:15 Dice – Nix the Six 2:00 Bingo	22 8:45 Chronicle 10:00 Game – High Striker 1:45 Watercolor Painting 2:45 Thirsty Thursday – Drink of Choice 6:00 Volleyball – Nebraska vs. UCLA (FSI) 7:15 Football – Patriots vs. Bears (PRIME)	23 8:45 Chronicle 10:00 Balloon Tennis 10:45 Resident Choice 1:30 October Birthday Party TBA Baseball – MLB World Series: Game 1 (FOX)	24 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie 8:00 Volleyball – Nebraska vs. USC (BTN) TBA Baseball – MLB World Series: Game 2 (FOX)
25 11:00 Independent Activities 12:00-6:00 NFL Football (FOX, CBS) 2:00 Bible Study 7:20 Football – Chiefs vs. Seahawks (NBC)	26 8:45 Chronicle 10:00 Manicure 1:00 Beauty Shop 2:00 Adult Coloring 7:15 Football – Cowboys vs. Eagles (ABC) TBA Baseball – MLB World Series: Game 3 (FOX)	27 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Dice – Yahtzee 1:30 Matinee & Snacks – “Groundhog Day” TBA Baseball – MLB World Series: Game 4 (FOX)	28 8:45 Chronicle 10:00 Coffee & Conversation 11:15 Cards – UNO 2:00 Bingo TBA Baseball – MLB World Series: Game 5 (FOX)*	29 8:45 Chronicle 10:00 Coffee & Conversation 10:30 Walk & Rolls 11:00 General Store 2:00 Pastor Jerry Visit 7:15 Football – Panthers vs. Packers (PRIME)	30 8:45 Chronicle 10:00 Balloon Tennis 10:45 Resident Choice 1:30 Trick-or-Treat 2:30 Nebraska Football Tailgate 5:30 Volleyball – Nebraska vs. Michigan (BIG+)	31 Halloween 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie 3:30 Volleyball – Nebraska vs. Michigan St. (BIG+) TBA Baseball – MLB World Series: Game 6 (FOX)* TBA Football – Nebraska vs. Washington

Activities are subject to change. Please contact Ron Helmick with any questions: (531) 365-2683 or rhelmick@hillcresthealth.com.