November 2026 MacKinnon Lifestyle Calendar

Hillcrest Highlands of GRETNA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:45** Catholic Communion **10:00** Non-Denominational Church Service **1:00** Balloon Volleyball	**2** **9:30** Strength & Balance Exercise **1:00** Baking Hour **2:00** Elvis Music Bingo **2:30** Dice Games! **6:00** "The Lawrence Welk Show"	**3** **9:30** Seated Exercise **10:00** Painting Class **1:00** High Tea Party **6:00** Puzzle Hour	**4** **9:30** Seated Tai Chi for Balance **10:30** Reading Hour **11:00** Rosary & Communion w/Norm **1:00** Angels Craft Stick Ornament **3:00** November Birthday Celebration!	**5** **9:30** Cardio Drumming **10:30** Balloon Volleyball **12:30** Sending Love: Greeting Cards **2:30** Manicure Thursdays **3:00** September Birthday Celebration! **3:30** Church Service	**6** **9:30** Chair Yoga **10:30** Scavenger Hunt! **1:00** Bingo **6:00** "The Lawrence Welk Show" **7:00** Neb. vs. Illinois Football Game	**7** **10:00** Music & Movement **12:00** Devotionals **3:00** Movie & Popcorn **9:00** Neb. vs. Oregon Volleyball Game
8 Neb. vs. Washington Volleyball Game **9:45** Catholic Communion **10:00** Non-Denominational Church Service **1:00** Balloon Volleyball	**9** **9:30** Strength & Balance Exercise **10:30** Monday Mass **1:00** Baking Hour **2:00** 1950s Music Bingo **2:30** Dice Games! **6:00** "The Lawrence Welk Show"	**10** **9:30** Seated Exercise **10:00** Painting Class **1:00** High Tea Party **6:00** Puzzle Hour **6:30** Dementia Support Group	**11** **9:30** Seated Tai Chi for Balance **10:30** Reading Hour **11:00** Rosary & Communion w/Norm **1:00** Bible Study w/Pastor Jerry **2:00** Veterans Day Ceremony **3:30** Entertainer: Ground Zero Band!	**12** **9:30** Cardio Drumming **10:30** Balloon Volleyball **12:30** Volunteer: Project Linus **2:00** Lifelong Learning (Mike Talk): The Assassination of JFK **2:30** Manicure Thursdays **3:30** Church Service **6:00** Neb. vs. Illinois Volleyball Game	**13** **9:30** Chair Yoga **1:00** Bingo **2:00** Arm Chair Travel: Hawaii **6:00** "The Lawrence Welk Show"	**14** Neb. vs. Iowa Volleyball Game **10:00** Music & Movement **12:00** Devotionals **12:00** Neb. vs. Rutgers Football Game **3:00** Movie & Popcorn
15 **9:45** Catholic Communion **10:00** Non-Denominational Church Service **1:00** Balloon Volleyball	**16** **9:30** Strength & Balance Exercise **1:00** Baking Hour **2:00** 1960s Music Bingo **2:30** Dice Games! **6:00** "The Lawrence Welk Show"	**17** **9:30** Seated Exercise **10:00** Painting Class **1:00** High Tea Party **6:00** Puzzle Hour **7:30** Neb. vs. Minnesota Volleyball Game	**18** **9:30** Seated Tai Chi for Balance **10:30** Reading Hour **11:00** Rosary & Communion w/Norm **1:00** Cotton Swab Lilac Paintings **3:00** Entertainer: Dick Keiser	**19** **9:30** Cardio Drumming **10:30** Balloon Volleyball **11:00** Friends & Family Thanksgiving Brunch! **2:30** Manicure Thursdays **3:30** Church Service	**20** **9:30** Chair Yoga **10:30** Scavenger Hunt! **1:00** Bingo **6:00** "The Lawrence Welk Show"	**21** Neb. vs. Ohio State Football Game **10:00** Fall Boutique! **10:00** Music & Movement **12:00** Devotionals **3:00** Movie & Popcorn
22 **9:45** Catholic Communion **10:00** Non-Denominational Church Service **1:00** Balloon Volleyball	**23** **9:30** Strength & Balance Exercise **1:00** Baking Hour **2:00** 1970s Music Bingo **2:30** Dice Games! **6:00** "The Lawrence Welk Show"	**24** **9:30** Seated Exercise **10:00** Painting Class **1:00** High Tea Party **6:00** Puzzle Hour	**25** **9:30** Seated Tai Chi for Balance **10:30** Reading Hour **11:00** Rosary & Communion w/Norm **1:00** Bible Study w/Pastor Jerry	**26** Thanksgiving!	**27** **9:30** Chair Yoga **11:00** Neb. vs. Iowa Football Game **1:00** Bingo **2:00** Arm Chair Travel: New Zealand **6:00** "The Lawrence Welk Show"	**28** **10:00** Music & Movement **12:00** Devotionals **3:00** Movie & Popcorn
29 **9:45** Catholic Communion **10:00** Non-Denominational Church Service **1:00** Balloon Volleyball	**30** **9:00** Podiatry Services **9:30** Strength & Balance Exercise **1:00** Baking Hour **2:00** Famous Faces Bingo! **2:30** Dice Games! **6:00** "The Lawrence Welk Show"					

Questions? Please contact Nolan Epps at nepps@hillcresthealth.com

Hillcrest
Highlands
OF GRETNA



THE HIGHLANDS LIFESTYLE EXPERIENCE

Monthly Calendar of Events & Activities

MacKinnon

November 2026

Hillcrest
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Happy Birthday!

Duane E. - 1st
Mary M. - 3rd
Dennis G. - 6th
Catherine U. - 13th
Jack O. - 13th
Joyce B. - 15th
Michael R. - 16th
Betty F. - 23rd
Gene K. - 25th
Marie C. - 25th

Contacts

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