

Hillcrest Shadow Lake

November 2026

Memory Lane



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Independent Activities 12:00-6:00 NFL Football (CBS, FOX) 2:00 Bible Study 7:20 Football – Eagles vs. Commanders	**2** 8:45 Chronicle 10:00 Manicure 1:00 Beauty Shop 2:00 Resident Choice 7:15 Football – Bears vs. Seahawks	**3** 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Coloring 1:30 Matinee & Snacks	**4** 8:45 Chronicle 10:00 Puzzles 10:45 Tea & Conversation 2:00 Bingo	**5** 8:45 Chronicle 9:00 Tic-Tac-Toe 10:45 Tea, Coffee & Conversation 1:00 Pastor Jerry Visit 7:15 Football – Jaguars vs. Ravens (PRIME)	**6** 8:45 Chronicle 10:00 Board Games 10:45 Cards – Old Maid 2:00 Nebraska Football Tailgate 7:00 Football – Nebraska vs. Illinois (FOX)	**7** 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie 9:00 Volleyball – Nebraska vs. Oregon (BTN)
8 11:00 Independent Activities 12:00-6:00 NFL Football (CBS, FOX) 2:00 Bible Study 7:20 Football – Buccaneers vs. Bears TBA Volleyball – Nebraska vs. Washington	**9** 8:45 Chronicle 9:30 Exercise 10:00 Manicure 1:00 Beauty Shop 2:00 Adult Coloring 7:15 Football – Bills vs. Vikings	**10** 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Coloring 1:30 Matinee & Snacks – "A River Runs Through It"	**11** 8:45 Chronicle 9:30 Exercise 10:45 Tea & Conversation 2:00 Bingo 3:00 Ice Cream Sundae Social	**12** 8:45 Chronicle 10:00 Adult Coloring 1:00 Pastor Jerry Visit 6:00 Volleyball – Nebraska vs. Illinois (NPM) 7:15 Football – Commanders vs. Giants (PRIME)	**13** 8:45 Chronicle 9:30 Exercise 10:15 Resident Choice 2:00 Nebraska Football Tailgate	**14** 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie TBA Football – Nebraska vs. Rutgers TBA Volleyball – Nebraska vs. Iowa (BIG+)
15 11:00 Independent Activities 12:00-6:00 NFL Football (CBS, FOX) 2:00 Bible Study 7:20 Football – Steelers vs. Bengals	**16** 8:45 Chronicle 9:30 Exercise 10:00 Manicure 10:45 Craft 1:00 Beauty Shop 7:15 Football – Chargers vs. Ravens	**17** 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 10:30 Axe Throwing 1:30 Matinee & Snacks	**18** 8:45 Chronicle 9:30 Exercise 10:00 Craft 10:45 Tea & Conversation 2:00 Bingo	**19** 8:45 Chronicle 10:00 Watercolor Creations 1:00 Pastor Jerry Visit 1:30 Walk & Roll (Weather Permitting) 7:15 Football – Colts vs. Texans (PRIME)	**20** 8:45 Chronicle 9:30 Exercise 1:30 Coloring 2:00 Resident Council 3:15 Nebraska Football Tailgate	**21** 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie 9:00 Volleyball – Nebraska vs. Oregon (BTN) TBA Football – Nebraska vs. Ohio State
22 11:00 Independent Activities 12:00-6:00 NFL Football (CBS, FOX) 2:00 Bible Study 7:20 Football – Vikings vs. 49ers	**23** 8:45 Chronicle 9:30 Exercise 10:00 Manicure 10:45 Tea & Conversation 1:00 Beauty Shop 2:00 Dice – Yahtzee 7:15 Football – Bengals vs. Commanders	**24** 8:45 Chronicle 9:30 Catholic Communion 10:00 Daily Devotions 1:30 Matinee & Snacks	**25** 8:45 Chronicle 9:30 Exercise 10:45 Tea & Conversation 2:00 Bingo 7:00 Football – Packers vs. Rams (NETFLIX)	**26** 8:45 Chronicle 12:00 – 6:00 NFL Football (CBS, FOX) 2:00 Pastor Jerry Visit 7:20 Football – Chiefs vs. Bills (NBC) Thanksgiving Day	**27** 8:45 Chronicle 10:00 Music – Merrymakers & Bill Chrastil 11:00 Football – Nebraska vs. Iowa (CBS) 2:00 Football – Broncos vs. Steelers (PRIME) 3:00 General Store	**28** 10:00 Bible Study 11:00 Independent Activities 2:45 Bingo – Katie 9:00 Volleyball – Nebraska vs. Oregon (BTN)
29 11:00 Independent Activities 12:00-6:00 NFL Football (CBS, FOX) 2:00 Bible Study 7:20 Football – Patriots vs. Chargers	**30** 8:45 Chronicle 9:30 Exercise 10:00 Manicure 1:00 Beauty Shop 2:00 November Birthday Celebration 7:15 Football – Panthers vs. Buccaneers			**Birthdays** 10th – U.S. Marine Corps 20th – Sandra P. 22nd – Bev W. 24th – Mark H. 29th – Jean B.	**Key** BTN – Big Ten Network BIG+ – Big Ten Network Plus NPM – Nebraska Public Media PRIME – Amazon Prime	**Monthly Observances** 6th – Nacho Day 11th – Ice Cream Sundae Day 11th – Veterans Day 13th – World Kindness Day 15th – Recycling Day 19th – International Men's Day 25th – Drinksgiving

Activities are subject to change. Please contact Ron Helmick with any questions: (531) 365-2683 or rhelmick@hillcresthealth.